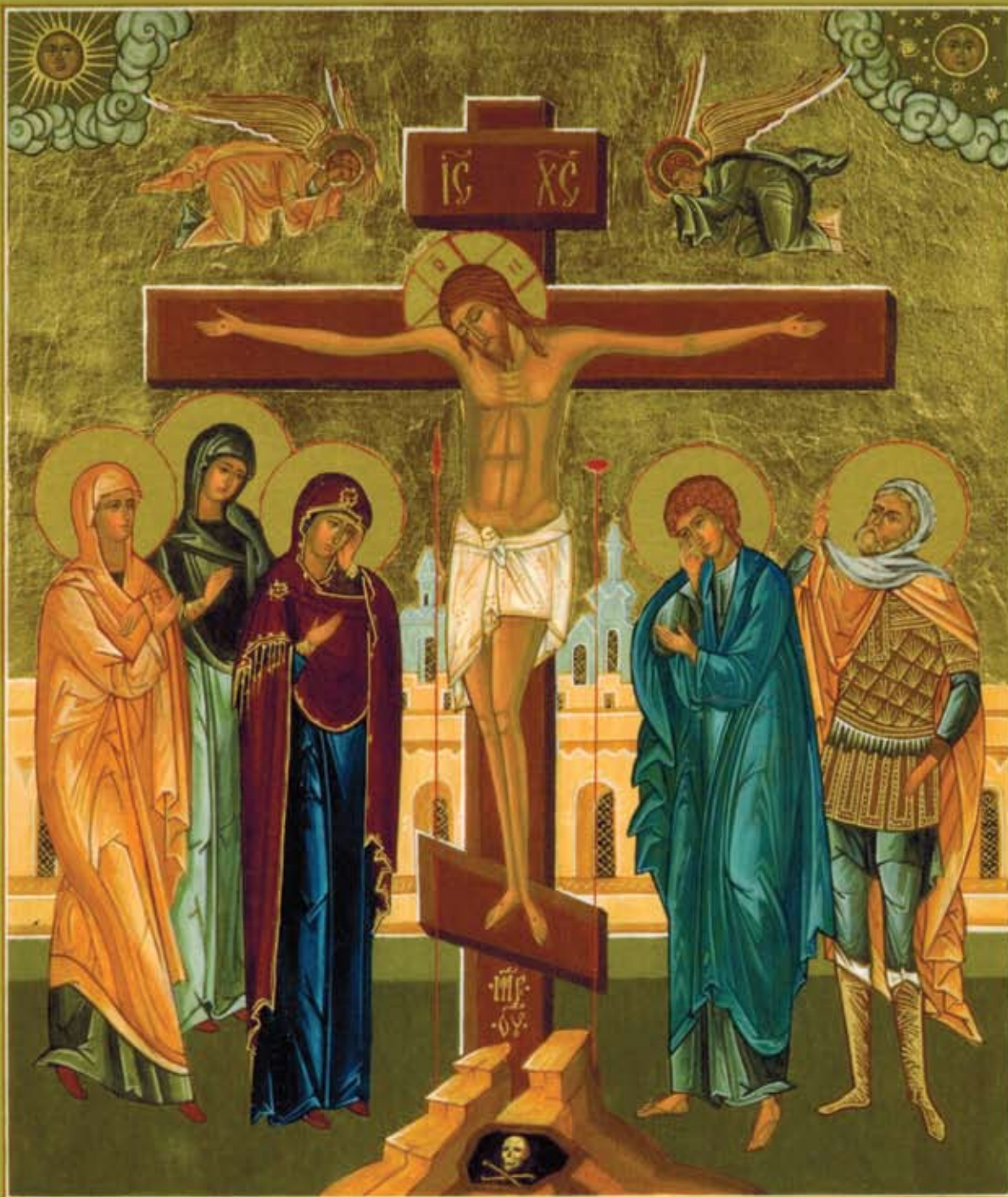




НАША ДОРОГА NASHA DOROHA

PM40007760 ♦ BECHA/SPRING 1(70)/2020



CRUCIFIXION



Писанки голови Відділу ЛУКЖК при парафії Свв. Кирила і Методія, Сент Кетеринс, Наталії Конит. ФОТО - ЛАРИСА ГРИНДА
Pysanky by Natalie Konyt, President of Ss Cyril & Methodius UCWLC Branch, St. Catharines, ON. PHOTO - LARYSA HRYNDA

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NASHA DOROHA

A Golden Anniversary

In 2020, the *Nasha Doroha* magazine will be celebrating its 50th Anniversary.

A special edition is planned for August 2020.

We welcome any comments or stories from our members and valued subscription readers.

DEADLINE FOR SUBMISSIONS IS JUNE 30, 2020.

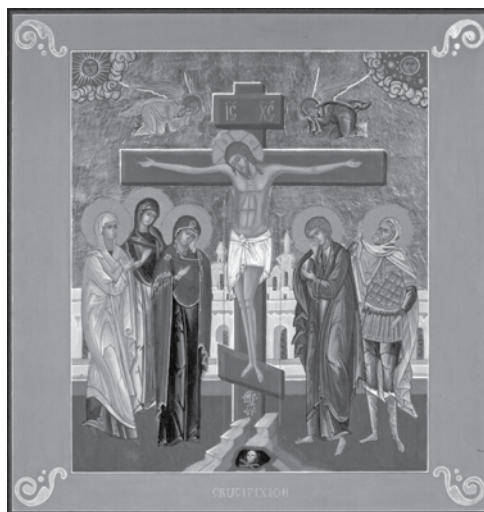
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On the cover...

Crucifixion

Egg tempera with
24 karat gold, 2007
Iconography by
Marianna Savaryn

This Crucifixion portrays the main figures of the divine drama: the dead Christ, his head drooping on his shoulder on the Cross, the Virgin with two other women, John, and the Centurion. The group expresses attitudes of reverence, grief, and sorrow, while the Centurion raises his hand in amazement. Victory over death and hell is symbolized by a cavern, which opens at the foot of the cross, below the rocky summit of Golgotha. The skull of Adam represents the redemption of the first Adam by the blood of Christ and the New Adam, who made Himself man to save the human race. Behind the rocky hill rise the walls of Jerusalem. Above the cross two angels watch over the scene and finally in the left and right upper corners we see the sun and the moon, both present at the time of the death of Christ.



НАША
ДОРОГА
L - 1(70)/2020
НАША
ДОРОГА

Квартальний журнал
Ліги Українських Католицьких Жінок Канади

Quarterly publication of the
Ukrainian Catholic Women's League of Canada

La Journal de la Ligue des Femmes
Catholiques Ukrainiennes du Canada

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NASHA DOROHA
387 BETTS AVE
YORKTON SK S3N 1N3
ISBN 1-894022-75-0

PRINTWEST

Printed by PrintWest Communications
1111 8th Avenue, Regina, SK S4R 1E1
Phone: 306-525-2304 Fax: 306-757-2439

Верхня обкладинка / Front cover
«Crucifixion»: Маріянна Саварин. /
Crucifixion: Iconography by Marianna Savaryn.

Задня обкладинка / Back cover
Українська Католицька Парафія Св. Юрія,
Едмонтон (Фото - Лариса Шептак) /
St. George Ukrainian Catholic Parish,
Edmonton (Photo - LyriSSa Sheptak)

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75th Anniversary of UCWLC ♦ 75-ліття ЛУКЖК



XXVI Крайовий Конгрес Ліги Українських Католицьких Жінок Канади

The Past – Our Pride The Future – Our Hope

Минуле – наша гордість Майбутнє – наша надія

ІД ТАКИМ ГАСЛОМ у Торонто 3-6 жовтня 2019 року відбувся XXVI Крайовий Конгрес Ліги Українських Католицьких Жінок Канади. Трирічна каденція головства Торонтонської Єпархії завершилася величним святкуванням 75-ліття нашої організації.

Протягом усіх цих років ЛУКЖК, заснована 14 червня 1944 року у Вінніпезі, була вірна

своїм високим цілям працювати для Бога і народу, для збереження нашої культурної спадщини, сприяти своїм членам здійснити їхнє правдиве покликання і провадити християнське життя на користь Церкви і суспільства. Треба підкреслити, що Ліга Українських Католицьких Жінок Канади є найчисельнішою організацією українських жінок у Канаді.

Триденний Конгрес, який відбувався в Holiday Inn Toronto International Airport Hotel, був надзвичайно цікавим і змістовним.

Урочисто відкрито Конгрес в четвер, 3 жовтня 2019 р. Молебнем до Святого Духа, який відправили Преосвященні Владика — Владика Стефан Хміляр, Єпарх Торонто і Східної Канади, Владика Давид Мотюк, Єпарх Едмонтонський, і Владика Браєн Байда, Єпарх Саскатунський.

На жаль, Високопреосвященний Митрополит Лаврентій Гуцуляк, ЧСВВ, не зміг прибути на наш Конгрес, і привіт від нього виголосив Владика Давид Мотюк.

Привітали делегатів та гостей голова Крайової Управи ЛУКЖК добродійка Маруся Барщик, Преосвященний Владика Стефан Хміляр, Єпарх Торонто і Східної Канади, заступник духовного дорадника Крайової Управи всеч. о. Петро Галадза, провінційна настоятелька ССНДМ преп. с. Христина Сиротинська, CWL National President Anne Gorman, президент Конгресу Українців Канади Олександра Хичій, а привіт від голови СФУЖО Анни



1) Члени новообраної Крайової Управи ЛУКЖК.

Третя справа — голова Крайової Управи ЛУКЖК Варвара Глусь

2) Владика Браєн Байда, Єпарх Саскатунський, Владика Стефан Хміляр, Єпарх Торонто і Східної Канади, Владика Давид Мотюк, Єпарх Едмонтонський.



1) Голова КУ ЛУКЖК добродійка Маруся Барщик і о. Іван Барщик 2) Анна Домбровська представила на Конгресі діяльність CNEWA 3) Марія Іванів 4) Леся Шимко 5) Тамара Волощук 6) Марлин Боднар 7) Новообрана голова КУ ЛУКЖК Варвара Глусь 8) Сестра Джанет Козак, ССНДМ

Кісіль зачитала член Управи СФУЖО Галина Ковалевич.

Святкове слово, дуже емоційне і проникливе, виголосив всеч. о. Іван Барщик, колишній духовний дорадник Крайової Управи.

Програма наступних двох днів Конгресу була насиченою і плідною. Кожен день розпочинався Божественною Літургією. Відбулося п'ять сесій. Делегати заслухали звіти і мали нагоду поставити запитання щодо різних організаційних та фінансових справ.

У перервах між сесіями представлено проекти 75-ліття ЛУКЖК. Марія Іванів, стипендіатка ЛУКЖК, яка працює над докторатом з богослов'я в Інституті ім. Митрополита Андрея Шептицького при St. Michael's College University of Toronto, розповіла про своє навчання і участь в культурному та суспільному житті Інституту і щиро подякувала членкам ЛУКЖК за матеріальну підтримку. Президент Фонду підтримки України Леся Шимко відеопрезентацією та коментарями представила проект "Захист здоров'я жінок-військовослужбовців України", який ЛУКЖК підтримала у рамках свого святкування.

Особливо цікавою виявилася четверта сесія, де відбулося представлення на тему гасла Конгресу *"Минуле – наша гордість. Майбутнє – наша надія"*. Тамара Волощук, ПДЧ, прочитала доповідь про минуле ЛУКЖК. Марлин Боднар розповіла і продемонструвала світлинами сучасну працю Ліги Українських Католицьких Жінок Канади. Варвара Глусь своєю відеопрезентацією накреслила майбутнє ЛУКЖК.

"... the UCWLC in its ongoing commitment to the mission of the Church, and to the nurturing of our cultural heritage, is dedicated to providing the resources that help its members to realize their own true vocation, and live an authentic Christian life as contributing members to the church and Society."

Відтак на п'ятій сесії було прийнято Резолюції та обрано нову Управу, яку очолила енергійна Варвара Глусь. Управа на три роки перейшла до Едмонтонської Єпархії.

Софія Мануляк, ПДЧ, вручила ікону, відзнаку і табличку ПДЧ уступаючій голові добродійці Марусі Барщик.

Новообрана голова Крайової Управи ЛУКЖК Варвара Глусь





Софія Мануляк, ПДЧ, вручила ікону
уступаючій голові добродійці Марусі Барщик



Уступаюча голова добродійка Маруся Барщик
прикріплює відзначку новообраній голові Варварі Глусь

виголосила слово. На закритті Конгресу делегатки виконали Гімн ЛУКЖК “О спомагай нас, Діво Маріє”.

Закінчився XXVI Крайовий Конгрес Ліги Українських Католицьких Жінок Канади величавим бенкетом. Привітати членок ЛУКЖК прийшли політики, очільники українських організацій, церковні діячі. Привіт від Високопреосвященнішого

Митрополита Лаврентія Гуцуляка, ЧСВВ, виголосив Владика Давид Мотюк.

Зі словом до присутніх звернулася голова Конгресового Комітету Олена Гедз, ПДЧ, колишня голова Крайової Управи ЛУКЖК.

Відтак відбулося надання Почесного Довічного Членства, яке отримали Марта Гавюк з Вінніпезької Єпархії, Ольга Глусь з Едмонтонської Єпархії, Джосі

Вантур зі Саскатунської Єпархії та Ольга Сабат з Торонтонської Єпархії.

У мистецькій частині виступили тріо “Ліра” у складі Іванки Влох, Роми Набережної та Віри Фук і юнацька Капела бандуристів “Золоті Струни” під диригентурою Оксани Зелінської. Всі артисти подарували присутнім багато задоволення і були винагороджені теплими оплесками. →



Треба наголосити, що співачки тріо “Ліра” — це членки Відділу ЛУКЖК церкви Свв. Петра і Павла у Скарборо, а юні бандуристи мають свій осідок у Соборі Успення Пресвятої Богородиці в Міссіссага.

У неділю, 6 жовтня 2019 року, делегатки Конгресу взяли участь у Святій Літургії в церкві Св. Димитрія Великомученика в Торонто, під час якої відбулася інсталяція новообраної Крайової Управи ЛУКЖК. Відтак усіх гостили у церковній залі членки місцевого Відділу ЛУКЖК.

Хочу додати від себе: Це був мій перший Крайовий Конгрес. І справив він на мене незабутнє враження! Знаю, скільки праці, зусиль, сходин, дзвінків було напередодні. Голова Крайової Управи добродійка Маруся Барщик та членки Управи, і зокрема Конгресового Комітету, очолюваного Оленою Гедз, протягом року докладали стільки зусиль, щоб все відбулося гарно, плинно і цікаво, що велика їм за це подяка, честь і хвала! Чудова виставка унікальних фотографій, яка протягом усього Конгресу перебувала в залі засідань, підготовлена Олею Караїм, варта того, щоб її побачили і в інших Відділах ЛУКЖК і Єпархіях Канади. Різні організаційні справи — великі і малі — чудово допилювали Оля Гуль, Таня Когут, Марійка Качмар, Оля Деламор, Стефа Шимко, та всі інші члени Конгресового Комітету.

Цей Конгрес — вшанування діяльності членок ЛУКЖК і ще одне підтвердження життєздатності нашої організації, яка протягом 75 років вірна своїм цілям — праці для Бога і народу.

Тож нехай допомагає нам Бог у нашій праці й надалі!

Лариса Гринда

26TH CONGRESS RESOLUTIONS

At the UCWLC Congress 2019 held in Toronto at the Holiday Inn on October 5, 2019, the following resolutions were passed:

2019: 01 Resolution ENGAGEMENT OF NEW MEMBERS Submitted by Eparchies of Toronto and Edmonton

WHEREAS:

- A. Membership in our organization is declining due to various causes and is not being replaced because of our inability to engage women to join.

THEREFORE BE IT RESOLVED:

1. That the UCWLC will initiate new, more contemporary programming and activities that continue to reflect our four aims, encouraging women to join the league while remaining sensitive to the pressures of career and family demands.

2019: 02 Resolution STOP THE USAGE OF STYROFOAM AND PLASTICS Submitted by St. Anne's Parish – Archeparchy of Winnipeg

WHEREAS:

- A. The frequent use of Styrofoam cups, plates, plastic stir sticks and plastic forks and knives in our parishes is considered a convenience;
- B. Styrofoam, first produced in 1947, is polystyrene, a petroleum product that is rarely recycled and simply fills garbage landfills, while the plastics used in the manufacture of glasses, utensils, and stir sticks are also not readily recyclable or compostable;
- C. Polystyrene cannot be recycled locally, but needs to be transported to a centralized facility;

- D. The polystyrene that goes into our landfills takes 500+ years to biodegrade, leaching toxic human carcinogens into the soil and water (United States National Toxicology Program);

- E. There are alternate materials such as paper, ceramic, bamboo or wood that can be used for the service of food and beverages.

BE IT RESOLVED:

1. That UCWLC members use products other than Styrofoam and plastics at their events wherever and whenever possible;
2. That UCWLC members educate other parish groups about the harm that styrofoam and plastics present to our environment and to humans; and
3. That UCWLC members encourage officials at the applicable levels of government:
 - a) to support the development of recycling facilities for styrofoam and plastics; and
 - b) to encourage and support manufacturers in the development of biodegradable materials as alternatives to styrofoam and plastics.



Лариса Самборська, Стефа Шимко,
Віра Костецька

2019: 03 Resolution
TRAFFICKING OF CHILDREN
Submitted by Archeparchy of Winnipeg

WHEREAS:

- A. Human trafficking is a crime that violates human rights. Victims are recruited, through deception, deliberate control, inhuman and demoralized exploitation, and sold into slavery;
- B. There are over 40.3 million victims, world-wide, deceived and exploited to work in different industries. Existing statistics show that over 19% of these are exploited into the sex trade;
- C. In Canada, the majority (93%) of sex-trafficked victims are Canadian. 25% are boys and girls under the age of 18. The most vulnerable age-range for victims favoured by the 'johns' is 10 to 14 years of age;

- D. While many victims of human trafficking can be of any social status, economic background, education, age or gender, those most favoured are female. They come from our communities;
- E. Traffickers, who are attracted to this vile exploitation by the potential earnings of as much as \$1000 per day, are also usually young men and women of the same nationality as their victims.

BE IT RESOLVED THAT: The UCWLC proactively support and undertake programs, at every level of our organization, to educate and alert all members of our parishes and our faith communities as well as the Canadian public in general to this alarming issue of human trafficking for sex, with the objective of eradicating this unconscionable victimization of any members of our Canadian society.



- 1) Галина Ковалевич
- 2) Ольга Глусь з донькою Тересою Глусь
- 3) Олена Гедз, Джосі Вантур і Патриція Дец
- 4) Марія Пастернак, Ольга Сабат з сином, Юстина Головчак
- 5) Олена Гедз, Марта Гавюк, Софія Мануляк



2019: 04 Resolution
RESPECTING NATIONAL UCWLC
ACCOUNTING PROCEDURES

WHEREAS:

- A. The National Executive of the UCWLC, at its Plenary Conference in Toronto in April, 2018, struck a committee to investigate into and report on the Nasha Doroha finances;
- B. That committee has, in due diligence, examined and reviewed in detail relevant records, resolutions, and practices respecting the financial administration and procedures of Nasha Doroha and, correspondingly, the accounting and reporting procedures of the National Executive;
- C. That committee has developed a number of recommendations to address the issues and concerns identified by members at large and confirmed by the committee's examination of the records.

THEREFORE BE IT RESOLVED THAT:

- 1. An annual review engagement (or an audit engagement if circumstances for requiring an audit exist) of the records of both the Nasha Doroha finances and of the National Executive finances be conducted by an independent accountant.
- 2. Consolidated financial statements be prepared jointly by the National Treasurer and the Financial Administrator of the Nasha Doroha Funds in consultation with the independent accountant.



The Future
depends on
what we do in
the Present

Congress Recognizes Outstanding Achievement

Olga Hlus Awarded Honorary Life Member Distinction



At the 26th Congress of the Ukrainian Catholic Women's League of Canada held on October 3-6, 2019 in Toronto, ON, Olga Hlus was honoured with the League's Honorary Life Member Award. This is the highest honour bestowed on a UCWLC member.

Olga became a UCWLC member of the Protection of the Blessed Virgin Mary, Edmonton, AB Branch in 1967. In 2003, she transferred to St. Basil Branch in Edmonton. In June 2012 she received her 50-year service pin.

Throughout the years, Olga has served at all three levels of the organization. At the UCWLC National Executive level Olga served on the Spiritual Committee (1992-1995) preparing spiritual materials and activities for all Eparchies and Branches across Canada. While serving on the Organizational Committee (2007-2010) she coordinated activities for all five Eparchies. During this time, the UCWLC Branch Presidents' Handbook was reviewed, updated, and, once completed, distributed to all UCWLC Branch Presidents across Canada. Serving on the Planning Committee for the UCWLC Congress in Edmonton in 2010, she coordinated a field trip to the Ukrainian Cultural Village Living Museum. This

included transportation, a supper, and a guided tour of the village for approximately 350 people including UCWLC and UCYC delegates, as well as Clergy and all five Canadian Bishops.

On the Eparchial level, she has served on various committees such as the Eparchial Radio Program Committee, Spiritual Development, and Scholarship Committee. She also served as the Corresponding and Recording Secretary for many years. Presently, she is serving on the Spiritual Committee.

At the Branch level, while a UCWLC member of Protection of the Virgin Mary Branch, she served in various positions such as treasurer, secretary, vice-president, president, past president. She was

also a member of the Spiritual Committee, as well as subcommittees for Spring Teas, bake sales, and other fundraising events such as raffles, bingos, and casinos. As a St. Basil parishioner and UCWLC member, Olga has served as Branch President, on the Press & Publicity Committee, as Chair of the Seniors' Social Committee, and has assisted/organized workshops, church bazaar baking, paska and babka making, and prepared and served lunches for the workshops.

Over the years as a UCWLC member, Olga also served in Centralia (Ukrainian Catholic Council)—the umbrella for Ukrainian Catholic lay organizations. For four years she was the Recording Secretary, two years as Vice-President, and four years as President. While President of Centralia, Olga assisted with the coordination of Ukrainian Catholic Eparchial Conventions in 2003, 2005, 2007, and 2009, as well as coordinated special occasions such as the Farewell for Bishop Lawrence Huculak, OSBM, on his transfer from Bishop of Edmonton Eparchy to his new appointment as Archeparch of Winnipeg, Metropolitan



1) Виступає тріо «Ліра» 2) Юнацька Капела бандуристів «Золоті Струни», керівник і диригент – Оксана Зелінська

for Ukrainian Catholics of Canada (January 2006). She also helped organized the celebration of the 50th anniversary of Metropolia of Ukrainian Catholic Church at Mundare, AB (June 2006); the installation of Bishop David Motiuk as the new Eparch of Edmonton (March 2007), held at St. Basil Church and Cultural Centre; and, a “Hunger Banquet” in commemoration of the 75th anniversary of the 1932-1933 Holodomor in Ukraine.

Olga has also been involved beyond her parish and branch in events such as the Papal Visit of Pope John Paul II to Edmonton in September 1984, where she sewed 12 banners which escorted the Papal Motorcade Route (a UCWLC Eparchial project). In 1988, as a teacher, she coordinated a combined Two-School Celebration to commemorate the Millennium of Christianity in Ukraine (988-1988) at the schools of St. Jerome and St. Nicholas. She was also a member of Friends of the Ukrainian Village society, as well as a parent volunteer for Cheremosh Ukrainian Dance Ensemble. She received the UCC Alberta Provincial Council Hetman Award in October 2012 for outstanding volunteerism and leadership in the Ukrainian community.

Olga continues to work for the League and parish, as well as the Ukrainian community at large. Heartfelt congratulations and thanks for your many years of service. May God grant you many more years, blessed with good health, to carry on the works for “God and the people.” Многая Літа!

Submitted by Rosemarie Nahnybida/Nasha Doroha Representative (with thanks to Theresa Hlus and Mary Ann Phillips for the information)

Education is the passport to the future,
for tomorrow belongs to those who prepare for it today

Dear UCWLC members,

As coordinator of the 26th UCWLC Congress celebrating our 75th Anniversary, I have been asked, “How does it feel now that it is all over?” To be honest with you, our whole committee gave the same response. It is a sense of relief that the day-to-day organizational routine is no longer a necessary chore. However, there is a sense of sadness that our constant contact with the Executives and members of all Eparchies has been somewhat curtailed. Working with people who were dedicated to the organization and did the best they could (and with a great sense of humour) overshadowed everything else. Happily, these relationships have not come to an end.

My sincere thanks to our Metropolitan, Bishops, Clergy, and Sisters for their attendance and moral support. To our

delegates, your presence and, more importantly, your discussions and input on many important issues were most valuable. They will enable the newly elected Executive—which is now in Edmonton—to continue our important work in both Canada and Ukraine.

My most recent tenure taught me many valuable lessons—the most important being that we learn as we work with others. There is an abundance of God-given talent in our organization ready to be shared. Let us take advantage of these gifts in order to further implement the Aims of the UCWLC and reach the 100th year anniversary of our organization.

My prayers and good wishes go out to each and every one of you and your families. May our Protectress, the Holy Mother of God, bless you all.

Z Bohom

Olena Gedz, HLM

НАША ДОРОГА

Цінуємо вашу співучасть.
Просимо надсилати ваші
листи, думки та дописи
на електронну пошту
nashadoroha@gmail.com
або lyrissas@hotmail.com

**Річонець дописів на літній
номер у 2020 р.**

30 червня

NASHA DOROHA

We value your letters,
thoughts, and written
submissions.

Please email them to
nashadoroha@gmail.com
or lyrissas@hotmail.com

**Deadline for submissions for
the summer 2020 issue**

June 30



Ukrainian Catholic Women's League of Canada

LEAGUE DAY (Tag Day) MAY 31, 2020

For over 50 years UCWLC branches across Canada have annually observed "League Day" on the last Sunday of May.

A common bond with the same objectives not only unites the UCWLC members in our branches, but also the UCWLC of Canada. For the last 75 years women in our churches have been a unifying force in our identity as the Ukrainian Catholic Church, sharing our faith with others.

On League Day together we honour the Patroness of our organization, the Theotokos, the Holy Mother of God, by celebrating the Divine Liturgy, receiving Holy Communion, and remembering our deceased members. It is also a day to restore our efforts by reviewing our endeavours and achievements of the past year, and planning new activities and goals for the coming one.

Blessed Josaphata, often referred to as the "Mother Teresa of Ukraine," played a significant role in the transformation of the Ukrainian Catholic Church. God chose her to bring a spiritual, cultural, and moral rebirth to the people of our mother nation. This spiritual rejuvenation travelled here (and beyond) with the early settlers. Josaphata was concerned mostly for the young women, as she said, "The upbringing of our women and mothers will depend on the future of the nation."

Today, our lives are very different, but our purpose and mission remain well defined: the purpose of educating ourselves and others in matters concerning our faith and traditions, both spiritual and cultural—not just in church, but also in society as a whole.

LEARN — from Yesterday

Our past, O Lord, to your Mercy

LIVE — for Today

Our present, O Lord, to your Love

HOPE — for Tomorrow

Our future, O Lord, to your Divine

This League Day we give thanks to all UCWLC members of "The Past – Our Pride" for their dedicated service with the UCWLC. To our present members we ask Christ to give us strength and courage to take the "risks" that our journey requires as we look towards "Our Future – Our Hope." As women in the church, we have always been women of strength—unafraid to reflect on our past, give our best effort in the present, and hope for the future.



We invite all women to answer the call to service by joining the Ukrainian Catholic Women's League of Canada on this journey of fulfilling our mission to share our faith, culture, and social responsibilities!

On **Sunday, May 31st**, UCWLC members across Canada will unite with our other parish communities in celebration. We acknowledge this day by "**tagging**" parishioners as they enter our churches. Your kind donations of support would be greatly appreciated and will assist us in continuing programs that support Christian ideals, and the maintenance and development of an economic and social atmosphere favourable to the Christian Family.

Слава Ісусу Христу!
Glory be to Jesus Christ!

UCWLC National Executive Committees –
Eparchy of Edmonton

Lent

A TIME OF WAITING

Our Waiting for God, and God Waiting for Us

By Bishop David Motiuk

The Spirituality of Waiting

Waiting. Henri Nouwen, in his book *Finding My Way Home*, offers a reflection on the spirituality of waiting. The waiting for God and the waiting of God. We are waiting. God is waiting.

The beginning of Luke's gospel sets the scene for some thoughts on the waiting of God, while the final chapters of the same gospel provide the landscape for his reflections about the waiting of God. The story of Jesus' birth introduces us to five people who are patiently waiting—Zechariah and Elizabeth, Mary, Simeon and Anna. The story of Jesus' death and resurrection reveals to us a God who is waiting.

Our Waiting for God

In our personal lives, waiting is not a preferred pastime. Waiting is not something we anticipate or experience with great joy and gladness. In fact, most of us consider waiting a waste of time. It is a dry desert between where we are and where we want to be.

Yet, what is impressing is that all the figures appearing on the first pages of Luke's gospel are waiting. Zechariah and Elizabeth are waiting. Mary is waiting. Simeon and Anna are waiting. The whole opening scene of the Good News is filled with people waiting. Right from the beginning all these waiting people, in some way or another, hear the words, "Do not be afraid. I have something good to say to you." These words indicate that Zechariah, Elizabeth, Mary, Simeon and Anna are waiting for something new and good to happen to them.

The Nature of Waiting

Waiting, as we see it in these people, is waiting with a sense of promise. "Zechariah, your wife Elizabeth is to bear you a son." "Mary, listen! You are to conceive and bear a son." "It had been revealed to Simeon by the Holy Spirit that he would not see death until he had set eyes on Christ the Lord" (Lk 1:13, 21 and 2:26). Those who were waiting had each received a promise that gave them courage and allowed them to wait. They received a seed that had started to grow.

This is very important for us because we, too, can wait if what we are waiting for has already begun to happen for us. Waiting is never a movement from nothing to something. It is always a movement from something to something more. Zechariah and Elizabeth, Mary, Simeon and Anna were living with a promise. It was a promise that nurtured them, fed them, and enabled them to stay where they were. By their waiting, the promise could gradually unfold and realize itself within them and through them.

Our spiritual life is a life in which we wait, actively, present to the moment, expecting that new things will happen to us—new things that are far beyond our own imagination.

God is Waiting for Us

In the passion and resurrection of Jesus, we recognize the waiting of God. This is the second aspect of waiting that also deeply affects our spiritual lives. The end of Jesus' life reveals God as a waiting God, giving us an example of another kind of waiting.

From Action to Passion

Have you ever noticed that the central word in the story of Jesus' arrest is "to be handed over"? This is what happened in Gethsemane. Jesus was handed over by Judas. This drama of being handed over radically divides the life of Jesus into two.

The first part of Jesus' life is filled with activity. He speaks, He preaches, He heals, He travels. But immediately after Jesus is handed over, He becomes the one to whom things are being done. He's being arrested; He's being led to the high priest; He's being taken before Pilate; He's being crowned with thorns; He's being nailed to the cross. Things are being done to Him over which He has no control. This is the meaning of passion—being the recipient of other people's actions.

Passion is a kind of waiting—waiting for what other people are going to do. Jesus went to Jerusalem to announce the Good News to the people of that city. And Jesus knew that He was going to put a choice before them: Will you be my disciple, or will you be my executioner? There is no middle ground. Jesus went

to Jerusalem to put people in a situation where they had to declare “yes” or “no.” This is the great drama of Jesus’ passion. He had to wait for their response. What would they do? Betray him or follow him?

This is also the mystery of Jesus’ love. Jesus in His passion is the one who waits for *our* response. Precisely in His passion, the intensity of His love and God’s love is revealed to us. In Jesus’ passion, death and resurrection, the glory of God is being revealed to us. And together now we begin to understand that, in this waiting, new hope, new peace, and even new joy are gradually emerging. The glory of God is being revealed.

Let Us Begin Great Lent with Joy

So let us begin Great Lent with joy. Let us rejoice! God is waiting for us and we are waiting for God. Something is about to happen to us that is far beyond our own understanding, far beyond our imaginings.

And so, as the verses from the vesper service of Forgiveness Sunday say:

Let us enter the Great Fast with joy, O faithful.
Let us not be sad.

Let us cleanse our faces with the waters of
dispassion, blessing and exalting Christ
forever.

Let us begin the Great Fast with joy.
Let us give ourselves to spiritual efforts.

Let us cleanse our souls.

Let us cleanse our flesh.

Let us fast from passions as we fast from foods,
taking pleasure in the good works of the Holy
Spirit and accomplishing them in love that we
all may be made worthy to see the passion of
Christ our God and his Holy Pascha, rejoicing
with spiritual joy.

I Wish You Enough

Recently I overheard a mother and daughter in their last moments together at the airport. They had announced the departure. Standing near the security gate, they hugged and the mother said, “I love you and I wish you enough.”

The daughter replied, “Mom, our life together has been more than enough. Your love is all I ever needed. I wish you enough, too, Mom.”

They kissed, and the daughter left. The mother walked over to the window where I was seated. Standing there I could see she wanted and needed to cry. I tried not to intrude on her privacy, but she welcomed me in by asking, “Did you ever say goodbye to someone knowing it would be forever?”

“Yes, I have,” I replied. “Forgive me for asking, but why is this a forever goodbye?”

“I am old, and she lives so far away, I have challenges ahead and the reality is—the next trip back will be for my funeral,” she said.

“When you were saying goodbye, I heard you say, ‘I wish you enough.’ May I ask what that means?”

She began to smile. “That’s a wish that has been handed down from other generations. My parents used to say it to everyone.” She paused a moment and looked up as if trying to remember it in detail and she smiled even more. “When we said, ‘I wish you enough,’ we were wanting the other person to have a life filled with just enough good things to sustain them.”

Then turning to me, she shared the following as if she were reciting it from memory:

*I wish you enough sun to keep our
attitude bright no matter how grey
the day may appear.*

*I wish you enough rain to
appreciate the sun even more.*

*I wish you enough happiness to keep
your spirit alive and everlasting.*

*I wish you enough pain so that
even the smallest of joys in life may
appear bigger.*

*I wish you enough to satisfy your
wanting.*

*I wish you enough loss to
appreciate all that you possess.*

*I wish you enough hellos to get you
through the final goodbye.*

She then began to cry and walked away.

They say it takes a minute to find a special person, an hour to appreciate them, a day to love them but then an entire life to forget them.

**Take time to live.
To all friends and loved ones,
I wish you enough.**

From the internet/courtesy
of Fr. Janko Herbut/UCWLC
Edmonton Eparchy Spiritual
Advisor

Submitted by Rosemarie
Nahnybida /Nasha Doroha
Representative/Edmonton
Eparchy

Amazing Grace

By Lyrissa Sheptak

Eternity Means Forever

Seven years ago I had the honour of writing my baba's eulogy. In it I pointed out many of the things that went on in the world during her 97 years. Constant war, two of which were (in their time) thought to be the wars to end all wars; the Great Depression, the rise of Women's Rights and Civil rights, the invention of telephones and electricity; running water, automobiles, computers and the internet. The century in which she lived observed the most significant changes the world has ever seen. Yet, when it comes to time by God's standards, a century is a mere blink of His eye—especially in terms of eternity.

Each of our lives come down to either heaven or hell—salvation or damnation.¹ Each lasts for eternity. Not a century. Not even a few millennia. It's forever. How we choose to live our life on earth directly affects where we end up for eternity (although the devil will try to convince us otherwise). We can either live surrounded by God's love and glory, or we can end up where there is hatred, fire, suffering, and the gnashing of teeth. I certainly know where I want to end up. But attaining that is no cakewalk.

When satan and his diabolical cohorts were cast to the earth after losing their revolt, they made this world extremely difficult to navigate—at least on our own. However, because God loves us so much, He gave us His Laws to follow. He eventually gave us His beloved Son,



Jesus, who, with great love, sacrificed Himself so we may be free of sin, and have the chance to spend eternity with Him in heaven.

However, God gave us free will. Free will has a way of either bringing us closer to God, or separating us from Him. If we choose the latter (which many of us are guilty of through sin), we hurt our chances of getting into heaven.

But our God is good and loving. He hasn't tossed under the bus. Understanding the devil's plot to confuse us, God has given us a set of instructions. Follow His laws (and commandments) by showing Him obedience; love your neighbour as yourself; don't deny Him; strive for holiness; love the Lord your God with all your heart, soul, and mind; and evangelize. We'd be

fooling ourselves if we thought God's laws were handicapping us from living what we dreamed was our best life. God's laws were never intended to take the fun out of things nor contradict human freedom. Rather, they *grant* freedom through the grace of the Holy Spirit. These laws are there for our own good, and He gives us every available chance.

Yet, this is no easy world to live in. Betrayal, regret, woundedness, bitterness, pain, rejection, sins too dark to mention, the list can go on. So many things to pounce on our emotions. So many things to take our focus off of the Lord. Satan tries to tempt humanity with lies, cajoling us into partaking in the fruits of the world. He works relentlessly to seduce people whether it's through the lustful glance of a stranger; immense riches that trick people into thinking they are invincible; or with the high of the next hit of heroine. He tries to

¹ We all know about purgatory. But if we make it into there, even the lowest realm of it, we understand that we will one day be with God in heaven. Purgatory is NOT for eternity.



convince us mere mortals that we should do what makes us feel good because there is no honour (nor enjoyment) in suffering. Besides, life is short, isn't it?

By the time the sinner realizes that she's been deceived, satan's abandoned her, forcing her to deal with the mess on her own. "You're so gullible," satan scoffs. "Who would possibly want you now? You're damaged goods." But we're not. God offers a way out.

Grace

Because of its immensity, grace is difficult to discuss. You can't even scratch the surface without touching on sin, forgiveness, spiritual warfare, and most importantly the Holy Spirit. As is stated in the book *Devotion to the Holy Spirit*, "Without the grace of the Holy Spirit, we cannot do the least thing toward our sanctification". For the sake of this article and brevity, I will merely discuss my humble reflections on the types of grace.

Graces are free and undeserved gifts from God which are meant to set us on the right path of life and increase our holiness so we may attain heaven. Graces are for all of God's children no matter where they are on their journey to holiness. To the devout, graces help the believer reach the next level of her spiritual goals. To those who have fallen to the ways of the world, the experience of grace can be life-changing.

The Catholic Catechism has defined four types of grace.

Charism: The seven spiritual gifts of the Holy Spirit. Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord. These help us with living our faith daily and sharing it with others.

Sacramental: These are the gifts specific to all of the sacraments. When we partake in these, they are not meant to be transactions between us and God. Rather, they are intended to strengthen our

faith, create a deeper connection with our Lord, and help us become holier.

Actual Grace: This is divine encouragement. Many times these graces reveal themselves at a particular moment (often in prayer) in the form of a thought, impression, or a personal revelation. It can be as big as a revelation about something we were trying to understand, or the sudden urge to go to Reconciliation. These graces keep us on track during our day.

Sanctifying Grace: This is life-changing grace. It is an ongoing process—a permanent change in our soul (if we respond to and foster it). It is an illumination. I don't believe that sanctifying grace is *only* for the great sinner. Even the devout can experience it, because by definition it means something within your soul changes permanently. So whether God is rebuilding us from rock bottom, or changing the soul of the devout so it can attain the next step in holiness, sanctifying

grace touches us in different, yet lasting ways. The soul has been reckoned by God and He thinks it is either worth advancing or saving.

This type of grace offers sinners great consolation—God is basically saving us from ourselves. It is when we're at our worst and lowest that God sees us, yet He doesn't judge us with condemnation. Instead, He makes us born again. It is a complete dying unto self—an infusion of God's love and mercy so deep and swift that it saves us. The effects of the Holy Spirit are so powerful in this experience of grace, shaking the sinner to the core, that he makes a permanent change in his ways renewing his mind to endeavour toward holiness.

We've all probably experienced some degree of sanctifying grace—some more intensely than others. I know people who have experienced it so radically that it is nothing less than a miracle. But that's one of the beautiful things about God: all on His timing and in His way. Sometimes God allows the devil to toy with us. Sometimes we have to hit a low and feel our weakest or worst in order to call for help. And that's all it takes, a little squeak for help. God lifts us up and says it's time for Him to take the lead. Perhaps that's where the expression, "I am but a sinner saved by grace" comes from.

St. Paul, the great evangelist, was someone like this. Arrogant, condemning, angry, hateful, and a persecutor of Christians. Yet God saw something in him worth saving. He received his sanctifying moment on the road to Damascus. Since then, the Christian world has never been the same. Read about St. Augustine's life, or even our very own beloved Saints Olga and Volodomyr—a complete renewal of spirit, soul, and body.

Every single person on earth is saveable in God's eyes. It just comes to our free will. When God decides it is time to extend His hand to save us from drowning, we have to grasp it with all our might. If we still deny that help, we'll drown. Satan tries to fool with us too. He wants us to think we are too sinful, our heart too dirty. But the Church's saints are testament to otherwise. The Church is made up of all kinds of saints who, at one point, decided to change their ways and endeavour towards holiness no matter how condemned they felt they were.



Anonimo lombardo, S. Barnaba, evangelizzatore di Milano, XVIII sec., Quadreria Arcivesc., Milano

When we receive such sanctifying grace we have to truly believe, in our hearts, that we are born again. This doesn't mean that we are going to live a completely sinless and perfect life. No. We remain on earth, which means we will still get spiritually attacked and we will still sin. The devil hates losing a slave. So he may even double his efforts temporarily and make you feel that you aren't changed nor worthy of God's love. Born again

means a new heart, a renewal of the mind, and even a new plan in life. The journey will still be long and arduous, but now we will have tools with which to fight, as well as a new perspective. All we have to do when we receive grace is let the new spirit within us reach our soul and body. We have to let God permeate our whole self.

What Now?

Much like getting a second chance to life after dying on the operating room table, when we have a second chance spiritually, what should we do?

Loyalty: Wouldn't it only make sense to be loyal to the One who saved us when we were at our worst? When life gets difficult, when we suffer, when the devil tries to tell us that it was God's mistake to save us, focus all the harder on Christ, and call on the intercession of Mother Mary and the saints.

Renewal of Mind: This means, leave the carnal world and desires behind. Get in the habit of focusing on the holy when temptations knock on the door, or anger begins to fester. Damage in our lives may be done (or damage we did to others), our problems may not change, but our outlook will, and that will make all the difference.²

Let God's Grace and Mercy Shine Through Us: Now that Christ's light is more than a mere flicker within our hearts, let it be a lamp light for others, so they may find their way to Christ and His mercy.

Faith: Life is difficult, but don't lose faith. Faith is a grace. →

² Part of this is not only going to Reconciliation, but as importantly, asking the people we've wronged for forgiveness.

Pray: Pray always, unceasingly. It is armour against the devil's attacks. But also pray in a way that leads you to a personal relationship with God. You want to love God with all your heart. Not only loving His *blessings* with all your heart.

Read the Bible: We can't fight satan, or lead others to the Lord, if we don't know the Word of God.

Evangelize: Be a walking testimony. Have the courage to shout to the rest of the world that you were once lost, but now found. Pay God's mercy forward. A good place to start with this is at home.

Jesus told St. Gertrude the Great that "My heaven would not be complete without you." Christ believes every single person is worth saving. But the road to heaven is not for the faint of heart. It is a difficult trek, often leaving us with scars or wounds, or things that lure us from the right path. But God

never promised that life would be easy and without suffering. What He *did* promise was to be with us every step of the way. So whether we are well into our faith journey,

or rebuilding ourselves from the starting line, let the Holy Spirit be our guide. When we are gifted a grace, praise Him declaring, "Thy will be done."³

"When I thought I lost me, You knew where I left me
You reintroduced me to Your love.
You picked up all my pieces, put me back together
You are the Defender of my heart."

(Defender: Francesca Battistelli and Steffany Gretzinger)

"We face crises to remind us that we're pilgrims, still on the way.
The Father uses these moments to change us,
to speed us along the way, to transform pilgrims into saints."

—Scott Hahn, *Signs of Life*

³ In this article I have referred to satan a number of times. Satan is not the cause of every problem in the world (we play our own role in things too), he is merely a created being. Because of his special spiritual powers he has more power than we do. But the Lord is with us and the most powerful.

Nasha Doroha Publishing

June 16, 2019 to January 8, 2020

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UCWLC Eparchy of Edmonton.\$80
All Saints UCWLC, North Battleford, SK\$100

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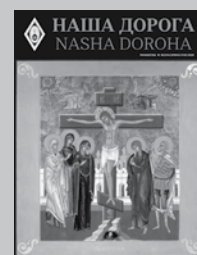
*A Happy and Blessed
New Year!*

Elizabeth Zahayko,
Nasha Doroha
Financial Administrator

Please note, at our National Congress held in Toronto from Oct. 3 to Oct. 6, 2019, a motion was made and passed "that we do not collect from our members during the term of 2020-2022 the Nasha Doroha dues based on numbers of members in your branch."

"Apart from the cross, there is no other ladder by which we may get to heaven."

— St. Rose of Lima



Did you buy a gift subscription or two of NASHA DOROHA for your favourite people? For their birthday or anniversary? Please see page 43.

Перша українка «Праведник народів світу» Олена Вітер

11 січня 1904 року в с. Миклашів на Львівщині народилася Олена Вітер — церковна та громадська діячка, настоятелька греко-католицького монастиря, політв'язень радянських концтаборів, «Праведник народів світу» (1976).

До 13 років жила з батьками в Австрії. Закінчила гімназію сестер Василіянок у Львові, у 1921 р. стала студенткою медичного інституту. У 1922 р. після смерті батька залишила навчання і стала черницею-василіянкою на ім'я Йосифа. Протягом 1932–1939 рр. — ігуменя монастиря у с. Якторів (нині Львівська область).

У 1930 р. вона стала членом Організації Українських Націоналістів. При монастирі О. Вітер заснувала у 1924 р. «Рідну Школу», в якій українські діти мали можливість навчатися українською мовою. У 30-х рр. вона відкрила вечірню школу для дорослих, драматичний гурток і навіть дитячий садок. Згодом за цю роботу чекісти звинуватили її в «націоналістичному вихованні молоді». Додатково ігуменя Йосифа збирала пожертви для порятунку українських політичних в'язнів.

У 1939 р. Якторівський монастир розгромила радянська влада. Сестра Йосифа очолила Львівський монастир студиток. Таємно вона організовувала нелегальний перехід за кордон підпільників.



11 червня 1940 року Олену Вітер заарештували співробітники НКВС за співпрацю з учасниками визвольного руху. У червні 1941 р. її засудили до смертної кари. Бог порятував її від розстрілу, хоч у радянських документах було зазначено про виконання вироку. 24 червня 1941 року начальник тюремного управління НКВД у Львівській області Лерман звітував, що згідно з наказом керівництва із 1,355 вбито 924. У день написання звіту Львів бомбардували німецькі літаки, у місті почалися заворушення, організовані ОУН. У результаті підпільникам вдалося влаштувати втечу частини в'язнів, серед них звільнилася й Олена Вітер.

У роки німецької окупації у львівському сиротинці, що перебував під її опікою, ігуменя Йосифа переховувала від нацистів єврейських дітей. Серед них

були Лілі Польман, Натан Левін та інші. Дітей не лише доглядали, годували та одягали, їх також навчали християнським молитвам і звичаям.

12 жовтня 1945 року сестру Йосифу вдруге заарештували радянські спецслужби. Перший допит розпочався ввечері того ж дня. Затримана відразу зізналася, що «мала зв'язок з УПА, надавала їм допомогу в боротьбі проти радянської влади, повністю поділяла їхні думки і працювала на користь створення самостійної України». «Це я робила цілком усвідомлено, будучи вороже налаштованою до радянської влади», — підкреслила сестра Йосифа. Її засудили на 20 років ув'язнення, яке відбувала у радянських концтаборах.

Сестра Йосифа вийшла на волю 29 березня 1956 року, відбувши в ув'язненні 10 років, 5 місяців та 17 днів, але їй заборонили селитися у Львові. Проживала у м. Скалат на Тернопільщині, де й померла 15 листопада 1988 року, не доживши менше року до виходу Греко-Католицької Церкви з підпілля.

У 1976 році Олена Вітер стала першою українкою, яку визнали «Праведником народів світу» за порятунок єврейських дітей під час Голокосту. Станом на 1 січня 2017 року це звання присвоєно 2,573 громадянам України.

Леся Бондарук, Український інститут національної пам'яті
Ukrainian People

75-ліття ЛУКЖК ♦ 75th Anniversary of UCWLC

Indigenous Social Mission Retreat

Engaging in Dialogue

Submitted by Inessa McIntyre | Photo credit: Bernie Mandrusiak

The Social Mission Working Group of the Eparchy of Edmonton held its second Social Mission Workshop and Retreat at Camp Oselia in March 2019. The theme of the retreat was “We Are All Children of the Creator.”

The retreat began on a Friday evening with a brief overview of the retreat held in 2017. Development and Peace shared a presentation focusing on *Care for Our Common Home* and the refugee crisis, as well as resources available to support our social justice work. A social followed and we had an opportunity to view First Contact Canada, a three-episode reality TV show that follows six Canadians with stereotypical opinions about Indigenous people on a four-week exploration of Indigenous Canada.¹ The evening ended with the Prayer of St. Ephrem followed by a brief Examen Prayer.

Saturday began with the *Season of Creation* Akathist service. It was a beautiful service, which the Eparchy of Saskatoon Human and Environmental Development Program shared with us.

The remainder of the day was spent with Elder Karen MacKenzie, a Cree-Métis woman who is a member of the Edmonton Police Commission and the Circle of Elders for Edmonton Catholic Schools. Along with her many other appointments and projects, Karen is one of two members from Alberta on the Independent Advisory Board for Senate Appointments. Karen guided us



Top: Bishop David (right) offers a reflection on the Akathist service.
Above: Christina Csernyanski (right) greets Elder Karen MacKenzie with bread and salt.

through reflections and activities, allowing us to grow in understanding of Indigenous people. Karen then performed a smudging ceremony, inviting us to share about our cultural backgrounds as well as experiences that we have had with the Indigenous community. She also walked us through an

Indigenous timeline to raise our awareness of the difficulties experienced by Indigenous communities. We were then encouraged to reflect on how we, as individuals, can build relationships to help support our local Indigenous communities.

We completed a questionnaire that incorporated a series of style

¹ <https://aptn.ca/firstcontact>



indicators. Karen then utilized a Medicine Wheel with corresponding animals to describe personal style attributes associated with each of the four quadrants. Each of us aligned with one of the four animals, according to how we answered the questionnaire. She then reflected on how a mix of people with different skill attributes is required for effective group work. The retreat concluded with a shared meal.

Our sessions with Karen were very thought provoking. She provided us with several pearls with which to continue our journey of Indigenous discovery. We can further our own education by taking Indigenous Canada, a free online course offered by the University of Alberta.² We can immerse ourselves in Indigenous culture by attending an event in our community such as a Pow Wow. Karen enlightened us to the significance of the Treaty Territory Acknowledgement that we hear at the beginning of many events and gatherings. This

² <https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada>



Top: Medicine Wheel taking shape. Above: Animals of the Medicine Wheel.

acknowledgement reminds us that two parties signed the Treaty—Indigenous People living on the land and European settlers. We are all a Treaty People and are held accountable to uphold the principles that were committed to in the Treaty. It also acknowledges that we, as descendants of settlers, are living on Indigenous peoples' land.

Finally, Karen emphasized the importance of forming personal connection with our Indigenous community. Perhaps we as a parish community could hold a coffee social after Sunday Mass at Sacred Heart of the First Peoples parish in Edmonton. It is through one-on-one connection that we can grow in understanding and acceptance

of each other, and share the love of Jesus with one another.

The Social Mission Working Group of the Eparchy of Edmonton has committed to participating in Indigenous events to grow in our understanding of Indigenous history and culture and build relationships with Indigenous people in our community. We encourage all Eparchies to explore what they might do to begin the healing journey and build relationships between their own Ukrainian community and their local Indigenous community.

Inessa McIntyre is a St. Nicholas UCWLC member in Edmonton. Bernie Mandrusiak is Catechetical Director for the Edmonton Eparchy

Від нової Крайової Голови

♦ From the new National President

Слава Ісусу Христу! Glory Be to Jesus Christ!

Dear Sisters in Christ and readers of *Nasha Doroha*!

As the newly elected National UCWLC President, I thank you for placing your confidence in me and your newly elected National Executive of the Edmonton Eparchy. I look forward to visiting with our eparchial executives and members as we answer our call to holiness as Christ's witnesses through the UCWLC.

As you read this greeting, many activities and much programming have taken place, and yet there will be much more to celebrate and look forward to! Since the Congress in October 2019, all eparchial conventions were held. Congratulations and thank you to all past and present eparchial presidents and executives for saying "yes" to serving our Ukrainian Catholic Church through the UCWLC. Be sure to read the "From Sea to Sea" section in this issue of *Nasha Doroha* to learn of what our Eparchial UCWLC and branches are doing across our great country!

The National Executive has been busy with our organizational transition from the Eparchy of Toronto to Edmonton's, with most administrative tasks completed. We will reflect on our approved resolutions as we prepare to meet the challenge of continuing to build and strengthen our UCWLC community and Church.

Your National Executive team brings with them many talents and graces. Together with our Spiritual

Advisor, Bishop David Motiuk, and all the clergy, we begin to work on the next term fulfilling our mission in preserving and maintaining unity within our Ukrainian Catholic Church. Collectively we are stronger, and together we play a critical role in sharing our Ukrainian Catholic faith, social responsibilities, and culture.

It is every leader's responsibility to inject life in our purpose. I'm sharing the words of the legendary Walt Disney in hopes that it will help us in our own journey:

"Around here, however, we don't look backwards for very long. We keep moving forward, opening new doors and doing new things because we are curious. Curiosity keeps leading us down new paths."

In keeping with the theme of Congress 2019, let us give thanks to all UCWLC members of "The Past – Our Pride" for their dedicated service. To our present members, we ask the Lord to give us the strength and courage to take those "risks" as we journey down the path towards "Our Future – Our Hope." As women leaders in the church, we have always been women of vision. Women who know "The Code of the Red Shoes"! Join me in continuing to reflect on the experiences of the past, facing the realities of the present, and having great hope for the future! On February 2, we celebrated the Presentation of our Lord and the blessing of candles. Through the intercession of our Most Holy



Mother of God – Theotokos let us light a candle of hope and pray that we may be witnesses to His Truth.

Our liturgical year (celebrating the holy mysteries of Christ through prayer) culminates with the celebration of the Resurrection of our Lord Jesus Christ. Only too quickly will we begin our preparations for this journey. Let us embark on our Lenten journey from within by first seeking God's kingdom. May He be with you and your family and friends as you journey together through your Lenten preparation. And may you receive with thanksgiving the overflowing power of the Holy Spirit in the mystery of the Eucharist and His Resurrection!

I invite our readers to join the UCWLC on a journey encouraging spiritual, cultural, and social development for God and His people! May the Holy Spirit fill us with inspiration and guide us as we prepare to fulfill our obligation as members of the UCWLC and continue our work to meet the needs of our Church, family, community and country.

Barbara Hlus, National UCWLC President

Варвара Глусь, Голова Крайової Управи ЛУКЖК

About Barbara Hlus

Barbara Hlus was born and raised in Edmonton. She and her husband, Brian, raised their three children, Namisha, Jonathon and Tetiana. Two years ago they welcomed daughter-in-law Nikki into the family. After a successful 16-year career as a Financial Administrator, Barb changed her ministry in life when she chose to stay home to raise their children.

Barb enjoys sharing her many professional talents as a dedicated volunteer in the Ukrainian community, and the community at large. She and Brian are highly respected for their contributions to the advocacy and promotion of Ukrainian education, culture, religion, and especially the mentoring and support of youth in their communities.

With support from her family, and the mentorship of her mother and mother-in-law (both active members of their respective Wom-

en's Leagues) Barb's involvement in the UCWLC began with the role as President of St. Josaphat UCWLC Sadochok. One of her responsibilities included being liaison to the League. She attended her first convention and Congress in 1995.

Over the course of the last 20+ years Barb has held several executive positions at the branch and eparchial levels. Dedicated to the goals and objectives of the UCWLC, she energetically took on various roles during these years, one of which was Eparchial UCWLC President in 2007, (a position she held for two terms). As well, Barb has served in various capacities with the Edmonton Catholic Schools Ukrainian Bilingual Program Parent Advisory Society, Parent Councils, Alberta Council for the Ukrainian Arts, and President of the Ukrainian Canadian Congress – Alberta Provincial Council in 2012.

Introduction UCWLC Congress 2019

Some things people perhaps would not know about me...

- ◆ My professional background as a financial institution Administration Manager included working in Human Resources, Operations, Internal Audit, Marketing Management, and Community Relations
- ◆ I am a past choreographer and instructor for the Cheremosh Ukrainian Dance Ensemble. In those days we had to embroider our own costumes!
- ◆ I am a community volunteer and have taught financial literacy to grades 4, 6 and 9 through Junior Achievement Alberta NWT
- ◆ I am a maker of Korovai and have taken up the study and writing of icons. Most recently completed wedding icons for our son Jonathon and daughter-in-law, Nikki.

From the Blessing of candles – February 2

O Lord Jesus Christ, who are the True Light that enlightens every man who comes into the world, we humbly implore You, bestow Your blessing upon these Candles and sanctify them with the light of Your grace. And just as the visible light of the candles dispels all darkness and shadow, so let the candles dispel all darkness and shadow, so let the invisible flame of the Holy Spirit which illuminates our hearts cast out the darkness of sin, so that with the eye of an enlightened soul we may see that which is pleasing to You and necessary for our salvation, and having triumphed over the dark afflictions of this world we may in the end attain light everlasting...



Preparation of the Easter basket

Ukrainians have always taken great care in preparing their Easter paska baskets for blessing. Every item is lovingly thought out, from the embroidered rushnyk or cover cloth, to the food, pysanky, candles, and pussy willows. It is a special thing to marry our individual personalities with our beloved traditions. How we choose to decorate and pack the basket is a reflection of our style as well.

Traditionally, baskets of food were blessed at church on Easter morning. But because of convenience, most “paska blessings” occur on the day before. After an entire Lenten season of fasting, abstinence, or self-denial there is nothing more special (and delicious) than sharing and enjoying the blessed foods at breakfast on Easter morning with our loved ones. But more important than our own style, or the tasty food, is the symbolism it all holds. A Ukrainian Easter basket is full of tradition and meaning.



Paska symbolizes Christ as the Bread of Life. He died for us freeing us from sin, and Resurrected so we may share eternal life with Him in heaven. He has given Himself to us in the Eucharist so our souls and bodies may be nourished.

Ham and Sausage and other meats represent Old Testament sacrifices. But more importantly, they symbolize how Jesus, the Lamb of God, sacrificed Himself for us. We are saved by the blood of the Lamb. The links of sausage symbolize the chains of death that were broken with Christ's Resurrection.

Butter in the shape of a lamb reminds us that Jesus is the Paschal Lamb. Butter decorated with a cross made out of peppercorns is a reminder of how Christ's body was anointed for burial with oil and spices.

Cheese, white in colour, symbolizes a soul without the stain of sin. It is also a reminder of God's graces granted to us because of Christ dying for our sins. Because of this sincere gift of love and mercy, we are to endeavour to live a life of moderation and self-control.

Krashanky and Pysanky signify new life, hope, and the Resurrection. During Easter, eggs hold such deep meaning, that it is no surprise that they are decorated (pysanky) and shared with friends and family. Krashanky (plain and coloured, hard-boiled eggs) represent Jesus's death on the cross, and Resurrection. Jesus emerges from the tomb much like a young chick breaks through the shell at birth. The head of the household divides the hard-boiled egg and shares a piece with every member of the family at Easter breakfast.

Horseradish represents the bitterness and suffering of Christ's passion and death on the cross by which He entered into the glory of the Resurrection. Horseradish is also representative of our sins, or the crosses that we bear throughout our life.

Salt is a reminder that we are the salt of the earth. We are to persevere in faith as we journey through life committed to Christ.

A Lighted Candle is symbolic of Christ's radiance as He emerged from the tomb. The Resurrected Christ is the “light of the world.”



Lamb – Baránychyk Butter lamb for Easter

By Nadia Cyncar

The lamb, or baránychyk, represents strength, perseverance, and dignity.

The lamb is symbolic of Jesus—the Paschal Lamb by whose blood we are saved. White cheese and butter symbolize the special gifts which God gives us. Traditionally for Easter, cottage cheese and butter were formed into a disk and adorned with a dot or cross in the centre.

The circle (kolo) symbolizes God's perfection and its ability to unite. In pre-Christian times, the meaning of the circle containing a dot represented the moment when the earth received the light of the sun and came to life in the spring. Today, when preparing the Paska basket, Christians put a cross in the circle to denote the suffering, death, and Resurrection of Christ—His gift to us, and why we celebrate Easter. Decorations with green myrtle/periwinkle symbolize the spring and bounty, but more importantly Christ's victory of life over death.

Ingredients for the Easter butter lamb

- 1, ½ or ¼ lb butter (butter can be substituted by Philadelphia cream cheese, or ¼ of dry cottage cheese and ¾ butter)
- 2 peppercorns for the eyes
- 2 mustard seeds for the nostrils
- 4 coffee beans for the hooves (optional)
- small branches of myrtle/periwinkle for decoration

Reprinted from the spring 2000 issue of *Nasha Doroha*

Father Volodymyr Malchyn

7 steps to happy life I realized when I turned 39:

- 1 SEIZE THE MOMENT, for life always provides opportunities for growth
- 2 WORK HARD, for no achievement comes in an easy way
- 3 LEARN ALWAYS, for the world around you evolves faster than you can grasp it
- 4 SHARE GENEROUSLY your time, talents, and resources with others, for selfish life is fruitless
- 5 ENJOY every single moment of your life with your friends and loved ones
- 6 BE GRATEFUL for everything you have, and don't waste your time complaining that others have more than you
- 7 PASS IT ON to future generations to make sure that the cycle of good never ceases

Summary: SEIZE THE MOMENT → WORK HARD → LEARN ALWAYS → SHARE GENEROUSLY → ENJOY → BE GRATEFUL → PASS IT ON

Отець Володимир Мальчин

7 кроків до щасливого життя, які я усвідомив, коли мені виповнилося 39:

- 1 ЛОВИ МИТЬ, бо життя завжди подає нагоди до росту
- 2 ПРАЦЮЙ НАПОЛЕГЛИВО, бо немає легких досягнень
- 3 ВЧИСЯ ПОСТІЙНО, бо світ довкола обертається швидше ніж ти можеш його збагнути
- 4 ДІЛИСЯ ЩЕДРО з іншими своїм часом, талантами, ресурсами, бо егоїстичне життя є безплідним
- 5 НАСОЛОДЖУЙСЯ кожною миттю життя з друзями та коханими
- 6 БУДЬ ВДЯЧНИЙ за все, що ти маєш і не марнуй часу, нарікаючи, що інші мають більше, ніж ти
- 7 ПЕРЕДАЙ свій досвід наступним поколінням, щоб коло добра ніколи не перервалось



Edmonton Eparchy

39TH UCWLC CONVENTION EDMONTON EPARCHY 2019

“The Vibrant Parish... The Next Steps, My Response”

Months of planning culminated in the 39th Biennial Convention of the Ukrainian Catholic Women's League of Canada, Edmonton Eparchy October 18-20, 2019. Fifty-one delegates and 35 guests representing 17 branches, assembled at the Chateau Louis Conference Centre.

The formal opening, chaired by Past Eparchial President Joyce Chrunik-Rudiak, commenced with a stately Procession of the Flags by branch presidents while all sang the UCWLC's prayerful anthem, O Spomahai Nas. Welcome remarks were made by Eparchial President Mary Ann Phillips. Eparchial

Spiritual Advisor the Very Rev. Janko Herbut led the opening prayer. The Eparchial Spiritual Committee of Amelia Danilak and Marcia Hladunewich organized a touching memorial for deceased members. Branch representatives read out the names of members who passed away since the last convention as roses and memorial cards were simultaneously displayed in a place of honour.

The morning was dedicated to League business. Teresa Hlus and Olga Porylo acted as Convention Secretaries, and newly elected UCWLC National President Barbara Hlus brought greetings. The convention was pleased to welcome Mary Molloy, Diocesan President of the Catholic Women's League, who brought greetings from our Roman Catholic counterparts.

It was a privilege to welcome Honorary Life Members (HLMs) from the Edmonton Eparchy.

These distinguished champions of the UCWLC included Nadia Cyncar (2010), Olga Hlus (2019), Dobrodiyka Luba Kowalchuk (2010), Shirley Rudnitski (2016), Lena Sloboda (1983) and Natalka Yanitsky (2001).

Teresa Makowecki, newly elected National Constitutional Chair, chaired the Reports session. Informative updates were delivered: Rosemarie Nahnybida presented on the *Nasha Doroha Press*, Evelyn Cook reported on behalf of the Eparchial Museum, Luba Atamaniuk updated on the successful anniversary cookbook project, and Lidia M. Wasylyn, Eparchial Constitutional Chair, presented resolutions from the UCWLC National Congress held two weeks earlier in Toronto. Bernie Mandrusiak, Eparchial Catechism Coordinator, provided valuable ideas for developing spiritual and educational opportunities for families in our parishes encouraging them to stay connected to our parishes and faith.

The highlight of the first day was the election of the new UCWLC Eparchial Executive. Lydia Migus chaired this session while Virginia Sharek reported for the Nominating Committee. The new Executive and Nominating Committees were sworn in by Father Janko. Jo-Anne Heuser chaired an informal session entitled “Mixer and Branch Partner Session.” The first afternoon concluded with a special prayer for peace and stability in Ukraine, led by Father Janko.

The evening began with a Moleben at Edmonton's historic St. Josaphat Cathedral followed by dinner at the Cathedral's



Flag procession

Verkhovyna Hall. The evening was chaired by Greg Warwa, and the keynote speaker was Bishop Ken Nowakowski, Eparch of New Westminster, BC, whose presentation was titled “The Vibrant Parish... The Next Steps, My Response, Part 1.”

First Hour morning prayers started off the second day. Olga Hlus, HLM, gave an informative presentation on the structure of the Centralia (Ukrainian Catholic Council). She described the relationship between the lay organization that comprises Centralia and the Eparchy. This topic was important as many members know of Centralia, but are not aware of its mandate and responsibilities.

An upbeat presentation about sharing our talents was delivered by Joyce Chronik-Rudiak. She reminded everyone that our talents, whatever they may be, “are God’s gift to us, and we can share these gifts with others.” Everyone is skilled at something. Sometimes the fear of criticism prevents us from stepping forward and sharing our gifts. Recognizing our gifts, and appreciating the gifts of others is powerful. Members were invited to exhibit their talents and there were a number of interesting displays including: paintings, icons, tortes, quilts, and a writing portfolio.

In a related presentation, Joyce Chronik-Rudiak addressed the theme of “Steps to Building Bridges.” An urgent topic for our parishes, the question was posed, “Does it matter to me if our faith grows and our churches become full again, or is it of no concern?” For the women of the UCWLC, the answer is a resounding “yes, it matters!” But how do we achieve this? We start with soul-searching and self-assessment by questioning what we do and how committed are we to achieving our goals. Do we encourage



Guest Speaker Sister Laura Prokop, SSMI

and support youth in our parishes to participate in church activities or organizations? Do we overlook pessimism and move forward positively? Are we prepared to sacrifice other events for a church event? These and a few dozen other tough questions were posed. It really is within our power to build bridges and connections with our fellow parishioners helping make our parishes more vibrant.

Sr. Laura Prokop, SSMI spoke on “Steps to Holiness: Following in the Steps of Blessed Josaphata”—founder of the Sisters Servants of Mary Immaculate. After providing a brief historical portrait of Blessed Josaphata, Sr. Laura discussed the mystery of suffering. She drew upon her own complex experiences with suffering, self-doubt, and the personal pain of depression providing an emotional account of taking steps toward holiness. Sr. Laura’s presentation highlighted the challenges of dealing with depression and the need for candor about issues that ail the heart, mind, body, and soul.

Allen Schietzsch, father of Sr. Emily Schietzsch, who professed her final vows in August 2019,



Joyce Chronik-Rudiak speaking on “Sharing Talents” and “What to do with Baba’s Stuff”

spoke of being a “joyful parent of a Sister.” He dismissed the fears expressed by others who questioned why he would allow his child to go into the vocations. For him, having a child who is happy with her choices makes him happy. As a parent, he is appreciative of being embraced by a large new family of Sisters.

A highly anticipated session “What to do with Baba’s Stuff?” was presented by Joyce Chronik-Rudiak. This timely topic tackled an issue challenging many of us, specifically the managing, preserving, distributing, or otherwise

disposing of religious, cultural, or artistic artifacts held in our families. Most Ukrainian families have artifacts, including: religious items such as holy icons, carved crosses and bibles; original handmade embroidery-vyshytia, music, record albums and musical instruments; klymys, books, paintings, family documents such as immigration papers and birth certificates; or even antique farm implements. These items may not suit our contemporary tastes or hold any use; however, they all have historic, artistic, genealogical, or cultural value. Joyce suggested possible places where artifacts can be donated, such as our own UCWLC Museum, the Basilian Father's Museum in Mundare, the Ukrainian Canadian Archives and Museum, the Provincial Archives of Alberta, or the Kule Folklore Centre at the

University of Alberta. Artifacts can be donated to parishes, or offered through parish bulletins to those who may need such items. A long list of creative repurposing ideas was also presented that could give some of Baba's cherished things a new life.

Following convention tradition, members showed off their baking skills in this year's cultural contest, "Best Pampushky Ever." The entries were judged for flavour, colour, texture, and uniformity. Choosing a winner was difficult, since all entries were delicious. The winner was Joyce Chronik-Rudiak, followed by Steffie Chmilar, Irena Loshuk, and Dobr. Nikiforuk.

Bishop Ken was the keynote speaker at a joint session between the UCWLC, the Ukrainian Catholic Brotherhood, Ukrainian Catholic Youth, the Edmonton Eparchy

Knights of Columbus, and representatives of Parish Councils from throughout the Eparchy. His powerful presentation was titled "The Vibrant Parish... The Next Steps, My Response, Part 2." In his unique, optimistic style, he discussed serious issues facing our church. Bishop Ken laid out the six elements of a vibrant parish, identified what we do well, and where we need improvement. The six elements are: Word of God and Catechesis, Liturgical Life and Prayer, Serving our Neighbours (Diakonia), Fellowship, Stewardship, and Leadership. Bishop Ken suggested ways to continue building vibrant parishes.

The final session "Tying it All Together with Our New Resolutions" was chaired by Lloyanne Yaremko-Galas. She introduced the Eparchial Constitutional Chair,



UCWLC Edmonton Eparchy Executive (newly-elected) and Committees (2019-2021)



Divine Liturgy at St. Josaphat Cathedral October 20

Lidia M. Wasylyn, who tied the sessions together with the resolutions from the National Congress earlier in the month. She stated:

“On the face of it, the resolutions are about membership, the environment, and social justice. But in fact, they are about the future of our Ukrainian church and how we choose to live. A sober examination of the League confirms our numbers are going down while we are getting older. However, collectively we are an experience and knowledge powerhouse. The Resolutions assist to focus our energies on achievable goals. They nudge us to invest time and resources in our parishes and youth, while honouring our traditions. As any gardener will attest, only a plant with healthy roots will bear fruit and thrive. If we want it to thrive, we must nurture our roots to ensure our Church is there for future generations. We will reap what we sow and God will guide us; but we have to commit to good works, act lovingly, honour our cultural traditions and the Kyivan Rite, and give generously.”

New National President Barbara Hlus shared her vision for the next term. Her focus will be the Domestic Church—the Church of the family at home—and on respecting our Ukrainian Greek Catholic traditions. Barbara is committed to protecting our heritage and making connections with the wider community. She wants to awaken the Personal Development role of the UCWLC of past years by reviving the standing committee for leadership development and education—the Vykhovny Committee. The League has fertile ground in Ukraine, encouraged by our Patriarch, thus our UCWLC can be a role model for our Ukrainian sisters. Barbara plans to invest in our young women. She is inspired by the 2018 Youth Synod theme, “Aware, Prepare and Engage.”

Mary Ann Phillips officially closed the Convention with a prayer, and the recession of the branch flags was accompanied by O Spomahai Nas.

The Saturday evening gala included UCWLC delegates, and the other lay organizations in

Centralia, along with many guests. It was a relaxing opportunity to socialize with friends over a great meal. For a bit of fun, numerous door prizes—donated by generous individuals, community groups, and businesses—were given away. Bishop Ken was invited to present a “Part 3” to his earlier remarks, but instead took the opportunity to encourage everyone to vote in the federal elections that would take place in two days. He did not say how to vote, but encouraged everyone to thoughtfully exercise their democratic rights, and to appreciate the freedom of speech in Canada.

Sunday’s Divine Liturgy at St. Josaphat Cathedral united all delegates with parishioners in prayer. Celebrated by Bishop David Motiuk, Eparch of Edmonton, along with Bishop Ken and Cathedral clergy, it was a fitting conclusion to an eventful weekend that brought together the faithful from the entire Eparchy.

Lidia M. Wasylyn, Edmonton Eparchy Constitutional Chair

37TH EPARCHIAL CONVENTION EPARCHY OF SASKATOON

“Our Mind, Our Body, Our Soul” was the theme of the 37th Eparchial Convention for the Ukrainian Catholic Women’s League of Canada (UCWLC), Ukrainian Catholic Brotherhood of Canada (UCBC), and Ukrainian Catholic Youth (UCY) which was held at St. George’s Ukrainian Catholic Cathedral in Saskatoon on October 26-27, 2019.

Delegates from all three organizations came from across the province. Special guests, Most Reverend Bryan Bayda, CSsR, Eparch of Saskatoon, and the Very Reverend Janko Kolosnjaji, rector of St. George’s Cathedral, celebrated the Divine Liturgy.

The Convention’s official opening was chaired by Elizabeth Zahayko, Past President of UCWLC, Eparchy of Saskatoon. Elizabeth welcomed the delegates and guests, and led the traditional procession of the Ceremony of the Flags. Greetings were brought to the convention by UCWLC National President Barb Hlus; UCBC National Representative Robert Wuschenny; UCWLC Eparchial President Marlene Bodnar; UCBC Eparchial President Bernie Bodnar; UCYC Representative Viktoriia Marko; Tetiana Chudiiiovych and Taisiia Martsynuik from the League of Greek Catholic Women of Ukraine; WUCWO Representative Marusia Kobrynsky; CWL Provincial President Chantal Devine; and Eparch of Saskatoon Bishop Bryan Bayda, CSsR.

This year marks the historic 75th anniversary of the founding of the UCWLC in Canada. Much



Ceremony of the Flags

has changed in our world since the UCWLC was first organized; but what has not changed is the long-standing commitment of its members.

On the occasion of the 75th anniversary of the UCWLC, Patrice Detz HLM, unveiled a Rushnyk that she embroidered featuring embroidery from the Hutzul,

Poltava, Bukovyna, Boyko, Zakarpattia (Trans), and Lemko regions. A bookmark demonstrating this handiwork was included in each delegate’s Convention Bag. Bishop Bryan Bayda blessed the Rushnyk and it remained on the podium for the duration of the Convention. This Rushnyk will be displayed at all Eparchial meetings and events.

Spiritual Advisor Sr. Sophia addressed the delegates regarding the importance of reflecting on these words: We think we know who we are. God is a mystery beyond all understanding. Before God's breath there was no life. He gave the commandment to increase and multiply. His Name could not be spoken, but only breathed "Yahweh"—breathing in and out on each syllable. All who breathe are God's creatures and longing for God is the breath of our souls. We inhale peace and exhale selfishness and bitterness. We must be love as God is love. Love God with your hearts, souls, and mind, and your neighbour as yourself. UCWLC was formed in love and continues today. Love is a power that can destroy all evil in our lives. If we stop loving, we stop living. "If you love one and not the other... you love no one."

Dobrodiiky Tetiana Chudiiiovych and Taisiia Martsyniuk, from the League of Greek Catholic Women of Ukraine, provided an update on the progress of their League as well as a video presentation illuminating the work this League

has undertaken in Ukraine. To support their work in Ukraine, these ladies are fundraising by making and selling traditional Ukrainian foods, crafts, and cosmetics. They thanked our Eparchial UCWLC for our support and for purchasing the coffee machines, freezers, and dough-making machine which helps them with their fundraising efforts.

Certificates of Recognition were awarded to Julia Saganski, Joyce Kniaz, Rose Worona, Geraldine Koban, Elizabeth Zahayko and Violet Kluk for their outstanding and dedicated service to the UCWLC.

Bishop Bryan Bayda, CSsR, the first speaker of the convention, centred his presentation around "Our Mind & Our Soul" demonstrating that we can do more, and go farther than we ever thought possible. Bishop Bryan showed a video related to a brutal football practice emphasizing commitment to a cause. He also played parts of a second video about Encroma glasses and how they change vision in colour blind people illustrating

how we can be excited by a change of vision. He stressed that what we accept as normal is what we have been exposed to. We can be greater than normal if we try to see God in other people.

Bishop Bryan also played scenes from the movie *The Shack* to demonstrate the difference between the doctrinal God, and the rational God whom we can talk to like a parent or friend. We need to be open to God in our lives. The Sacraments help us see life through God's eyes. God has given us our heart, mind and soul. We have no idea what our potential is. Let us put on the "spiritual Encroma glasses" and be excited to see Christ in others.

Our second speaker, Marian Pidwerbeski, MASC, RNCP, ROHP, B.Ed., centred her presentation around "Our Mind & Our Body." She discussed how maintaining inner balance is a great challenge for us. Time is necessary to achieve wholeness by nourishing and strengthening the body. A simple change in a lifestyle can reap amazing benefits. Our body is the temple of the Holy Spirit. →



Above left: Eparch of Saskatoon Bishop Bryan Bayda, CSsR and Patrice Detz, HLM, who embroidered a Rushnyk on the occasion of the 75th anniversary of the UCWLC. Above right: Outgoing Eparchial UCWLC President Marlene Bodnar (centre) with Dobrodiiky Tetiana Chudiiiovych and Taisiia Martsyniuk, from the League of Greek Catholic Women of Ukraine



Marian identified six factors for improving wellbeing: water, sunshine, rest, air, exercise, and diet. She expanded each topic individually, explaining ways to ensure balance is reached. It is important to learn to mindfully integrate these six healthy factors with positivity, love, and joy.

One resolution was presented by our Resolution Chair, Marusia Kobrynsky. The resolution reflection, "The Call to Holiness," was passed with an overwhelming majority. The resolution reads as follows:

"Now therefore, be it resolved that:

1. All members of the UCWLC are encouraged to read the

Apostolic Exhortation, *Gaudete et Exsultate*.

2. Each branch of the UCWLC is encouraged to arrange for a presentation on the content of the Apostolic Exhortation and discuss how the Call to Holiness applies to the lives of its members.
3. Each individual member of the UCWLC is encouraged to make an intentional daily commitment to live her life according to God's Holy Will, and to request God's help in pursuing the path to holiness. Recommendation: pray the prayer of Blessed Clement Sheptytsky.

4. UCWLC members shall—with a spirit of love, patience, and understanding—promote the conscientious formation of all persons, especially young people, and encourage them to embrace a life that is consistent with the teachings of the Catholic Church.
5. UCWLC members shall encourage and support women who hold true Catholic values to participate actively in the political realm, both in the legislative and executive branches of government, in the judicial system, and in the education system."

Loretta Yaganski and Gladys Rogalski thanked Outgoing Presi-



dent Marlene Bodnar for four years of leadership. Marlene was presented with an Icon of the Mother of Pochaiv, and a vase of roses. Delegates sang "Mnohaya Lita." Marlene expressed that it was a pleasure to serve and represent our organization. She encouraged everyone to take up the challenge when offered such an opportunity. Marlene thanked the Eparchial UCWLC Executive for their support by gifting each member with a single rose in a novelty vase.

Incoming President Patrice Detz discussed some ideas she has for her coming term. A main focus will be on culture. Pat will rely on the Executive for input

which will be discussed at the upcoming Executive meeting.

Conclusion of the Convention was a banquet celebrating "75 Years of the UCWLC." It was a magical evening with great food, prizes, games, and entertainment. Guests thoroughly enjoyed the unique performance by "DoubleVision"—Canada's only identical twin magic and comedy act, who also happen to be Ukrainian.

Submitted by Doreen Rathgeber & Marlene Bodnar



The members of "Double Vision," Canada's only identical twin magic and comedy act, are of Ukrainian background.

32-ий З'їзд Ліги Українських Католицьких Жінок Канади Торонтонської Епархії

Хочу поділитися своїми враженнями про 32-ий З'їзд Ліги Українських Католицьких Жінок Канади Торонтонської Епархії, який відбувся 2 листопада в залі УНО на 145 Evans Ave. в Торонто. Предсідницею З'їзду було обрано Данусю Вітюк, третю заступницю голови. Прибуло 65 делегаток із 14 відділів. Гасло З'їзду: "ЛУКЖК — Берегині громади".

Після успішної праці протягом останньої каденції головою Епархіальної Управи ЛУКЖК

вдруге обрано Віру Костецьку. Щиросердечно вітаю Вас, пані Віро, бо саме Ви стараєтесь зробити щось по-іншому, щоб було цікаво всім. З'їзд був організований без зайвих витрат часу.

Короткий змістовний звіт голови за попередні роки та звіти членів Управи і голів відділів включені у книжку. В додатку до друкованих звітів голова повідомила присутніх, що завершено другий з черги конкурс для шкільної молоді під назвою «Розмалюй, що для тебе означає Різдво». Картини 5-ти переможців надруковані як різдвяні картки і роздані відділам для продажу.

На початок З'їзду Молебень до Пресвятої Богородиці, молитву за упокій душ померлих

членкинь ЛУКЖК, за владик та духовних дорадників провела преп. сестра Тереза Матвей, ССНДМ, духовна дорадниця Епархіальної Управи. Також відчитано молитви за всіх, що полягли у 5-літній війні в Україні, як рівно ж молитву з нагоди 100 років переходу у вічність Блаженної Йосафати Гордашевської, ССНДМ.

Є багато цікавих моментів, щоб описати, як ми працюємо на втілення чотирьох цілей ЛУКЖК. Кожна сесія мала ведучу, яка була добре підготовлена, що надзвичайно важливо, бо саме вони є прикладом для інших.

Другу сесію вела Ганя Мартинів — "Організація справ у відділах". Вона попросила встати тих делегаток, які мають



1) Тереза Матвей проводить Молебень 2) Дануся Вітюк 3) Ганя Мартинів 4) Юстина Головач 5) Марта Скаб



Сидять: Ольга Сабат, добродійка Маруся Барщик, сестра Тереза Матвей, Таня Когут, Віктор Малярек, Віра Костецька, Віра Гомонко.
Стоять: Надя Дусановська, сестра Амброзія, Дануся Вітюк, Лариса Самборська

дочок, і запитала їх, чи їхні доньки належать до ЛУКЖК. Відповіді були різні. Лише одна членка, яка є матір'ю двох дочок, змогла похвалитися, що вони також є членками ЛУКЖК. Це приклад любові до Церкви, до всього українського; особистий приклад християнського життя і є результатом її діяльності. Отже, потрібно починати нам усім із себе, вести своїх дочок, внучок, щоб наше майбутнє було світле, а не забуте, не облишене колись... Заохочуючи інших людей при наших парафіях, родин, ми повинні показати свій приклад

християнського життя, жіночої сили, ласки і любові. Бо родина, церква і мова є основою нашого буття. Переживши цькування нашої мови в ССРСР, ми в діаспорі плекаємо її та розвиваємо, і кожна з нас, наголошую, кожна повинна усвідомлювати, що без мови немає нації.

Цікавою була і третя сесія, де ведуча референтка молоді Лариса Самборська запросила доповідача Віктора Малярека — журналіста і автора кількох книжок, між іншими книжки "Наташі" про торгівлю людьми в Канаді та Україні. Він

продемонстрував нам відео, як у сучасному світі проходить торгівля "живим товаром" — жінками, дівчатами, дітьми. Цей злочинний бізнес посідає третє місце за рівнем прибутковості у світі. На жаль, Україна є сьогодні країною-донором і країною-транзитом.

Віктор Малярек — відомий канадський журналіст, його часто називають поборником прав людини. Він має українське коріння. Батьки його матері — Микола та Марія Яшани емігрували в Канаду в 1911 році зі села Стефанич біля Городенки. →



Голова Ліги Українських Католицьких Жінок Канади Торонтонської Єпархії Віра Костецька



Ольга Сабат, ПДЧ, і добродійка Маруся Барщик, ПДЧ



А його бабуся і дідусь з боку батька Микола та Марія Мала-реки у 1913-му — із Заставної, що поблизу Чернівців.

Під час З'їзду представле-но наших двох нових Почесних Довічних Членок — Олю-Марію Сабат з Відділу Св. Покрови, Торонто, та добродійку Марусю Барщик з Відділу при Катедрі Св. Свщ. Йосафата, Торонто. Оби-двох обдаровано корсажем з тро-яндою, а під час цілого З'їзду вони займали місце за столом Президії.

Наприкінці З'їзду зробле-но спільну світлину з преосв. Владикою Стефаном Хмільярем.

Відтак відбувся святковий бенкет, на який прибуло поваж-не число гостей. Ведучою була Віра Гомонко з Відділу ЛУКЖК при парафії Св. Миколая, Торон-то. Вшановуючи всіх полеглих у 5-літній боротьбі України з Ро-сією, доповідь на бенкеті, у фор-мі відеопрезентації, виголосила



1) Делегати З'їзду з Преосвященним Владикою Стефаном Хмільярем
2) Віра Гомонко представляє доповідачку Лесю Шимко

Леся Шимко з Відділу ЛУКЖК при парафії Св. Покрови, Торон-то. Особливу увагу вона зверну-ла на велике число жінок-воїнів. У мистецькій частині розважав гостей колектив «Пролісок» під проводом Олеси Коник.

Під час бенкету вручено гра-моти "Заслуженим Членкам

ЛУКЖК" за активну діяльність в організації. Понад 100 членок отримали цю грамоту.

З Богом!

Юстина-Юля Головчак
Делегатка З'їзду, членка Відділу ЛУКЖК при парафії Св. Покрови, Торонто

Evelyn Cook Receives the Hetman Award

The Hetman Award, established in 1998 by the Ukrainian Canadian Congress – Alberta Provincial Council, recognizes outstanding volunteers who have offered their time and expertise in order to keep our Ukrainian community strong, vibrant, and active. The 2019 UCWLC recipient of this prestigious award in the category of Outstanding Senior Leader is Evelyn Cook (from the UCWLC Edmonton Eparchy).

♦ **EVELYN COOK** has been, and continues to be, a dedicated volunteer with the Ukrainian Catholic Women's League of Canada, St. Basil Branch. She is also on the Edmonton Eparchy Executive Museum Committee, and is an active member of St. Basil's Parish.



By having the ability to plan or coordinate an event, or by being available to lend a helping hand wherever needed, Evelyn is an instrumental guide and volunteer in all three organizations. She has been a member of the UCWLC, St. Basil Branch for 40 years, serving as president and secretary, as well as being on various committees such as Spiritual, Cultural, Archival, and Bazaar. She promotes the Ukrainian religion and culture with great pride.

Currently, Evelyn is Chair of the UCWLC Museum Committee. Some of her achievements include: organizing pysanky, and arts and crafts workshops for school children; planning Edmonton Heritage Days activities; and, organizing joint projects and exhibitions with various local museums.

Evelyn continues to work passionately and professionally with her committee members to preserve and promote the UCWLC Eparchial Museum.

She is an outstanding leader as well as an energetic and selfless volunteer. Last year she was the recipient of the Hetman Exemplary Volunteer Award!

Thank you, Evelyn! May God bless you for all your good work! Многая Літа!

Submitted by Rosemarie Nahnybida

UCWLC Members from Edmonton Eparchy/Alberta Branch Receive Exemplary Volunteer Awards

On October 6, 2019, the Annual Hetman Awards Recognition Banquet was held at St. John's Cultural Centre in Edmonton, AB. Since October 2015, the Ukrainian Canadian Congress – Alberta Provincial Council (UCC-APC) has been honouring volunteer leaders in three age categories: youth, adult, senior. As well, the UCC-APC presents the Exemplary Volunteer Award to select community members who recognize community needs, and perform the activities to realize the goals of their organizations' projects.

In 2019, the Exemplary Volunteer recipients were Violet Kully (nominee of St. Basil Branch), Rosemarie Nahnybida (nominee of UCWLC Edmonton Eparchy), and Barbara Olynyk (nominee of St. Nicholas Branch). Congratulations ladies! Многая Літа!

♦ **VIOLET KULLY** has been a dedicated volunteer in various capacities throughout her life, commencing with her earlier years spent on a farm near Mundare, AB. Mundare was, and still is, a small community that is comprised of many people of Ukrainian heritage. The following are merely highlights of some of Violet's many contributions.



Violet has been a UCWLC member for 57 years—first of Sts. Peter and Paul Branch, Mundare (1962-2003), and then of St. Basil, Edmonton from 2003 until the present.

She became inspired to do church and community work in the early 1960s during the building of the Ukrainian National Hall in Mundare. She helped to raise the funds required to build a new and bigger hall. She also served as Secretary of the Mundare National Hall Association.

A founding member of the Mary Immaculate Hospital Auxiliary in Mundare (under the auspices of Sisters Servants of Mary Immaculate, SSMI), Violet served on its board for 32 years and was awarded a lifetime membership. During her tenure, she helped organize the annual Strawberry Tea, as well as three benefit teas, one of which was intended to help an Auxiliary member who had lost most of the interior of her home due to a fire.

→

Your future is as bright as your faith

Violet's most successful project—and the one closest to her heart—is the work that surrounded the fundraising required to furnish a much needed Palliative Care room for the Mundare Hospital. Violet spearheaded this initiative. With the help of five able-bodied Auxillians, she canvassed businesses and went house-to-house in Vegreville and Mundare, seeking support for the project. Through dedication, commitment, and persistent hard work, Violet, who did the bulk of the work, and her small group of volunteers, raised over \$19,000—no small feat for the time and place! The grand opening of the Palliative Care room took place March 25, 2001, with a number of officials present.

Violet was always helping her community in some way. Teaching children about the Lord was especially close to her heart. For 20 years (1974-1994) she taught Christian Ethics for grades 4 and 7 at the public school in Mundare.

In 1971, she served as a Director of the National Farmers' Union in Mundare. As a farmer, she wanted to help improve the life of farmers, many of whom were Ukrainian. Violet was also a founding member of the Mundare and District Agricultural Society. Her goal as Secretary was to have a building for various community events, such as Agri-Days. She also felt it was important to have a facility for young people to be able to skate and play hockey.

As a member of St. Basil UCWLC since 2003, Violet has served as Branch President, and has actively participated on a variety of committees such as Spiritual, Sanctuary, Flowers, and Seniors. She has also brought her expertise in organizing and serving special Teas. Dedicated to social justice, she has addressed issues such as "sanctity of life," and embraced the motto of "help where help is needed." Violet has also been an active helper in various fundraising events for St. Basil Parish, many of which generate significant funds for the parish.

Her compassionate nature draws her toward spending time in hospitals with the sick and the dying, the elderly, the lonely, and the bereaved. This includes the one-and-a-half years she volunteered with the Palliative Care Unit in the Grey Nuns Hospital. Violet is also the group leader of a visitation committee at St. Joseph Care Centre for Ukrainian residents.

As President of her Condo Board for nine years, Violet strenuously advocated for, supported, and assisted those struggling with many issues involving deteriorating health, loneliness, and the stress of change.

Generous and caring, Violet promotes and contributes to various Ukrainian organizations locally

and abroad such as Home of Hope, Ukrainian Social Services, Humanitarian Aid Response Team (HART), the Basilian Fathers, and Sisters Servants of Mary Immaculate (SSMI).

Violet is an extremely compassionate and kind woman with a heart of gold; she is a rare gem of selflessness and love, and is most deserving of this award!

Submitted by Rosemarie Nahnybida (with thanks to Lena Sloboda, HLM and Paulette Kully-Petrov for the information)

♦ ROSEMARIE NAHNYBIDA

is a dedicated member of the Ukrainian Catholic Women's League of Canada, Eparchy of Edmonton. She has actively participated for the past 29 years serving on Branch, Eparchy, and National levels of the organization. She has shared her talents, knowledge, and experience at Branch and Eparchial roles, and served as Vice-President 1997-1999 and 2011-2013. As well, she has contributed to several committees, such as Legislation and Social Development, Verification, and the Cultural Cookbook. She is a strong supporter of social justice issues in Canada and Ukraine, and has served on the Legislation Committee for several years.

Rosemarie is an eloquent reporter for the UCWLC *Nasha Doroha* National Magazine serving as an Eparchial Representative and Press Reporter for over 20 years. As Press Reporter, Rosemarie has spent many hours documenting, organizing, and researching material for *Nasha Doroha* featuring the work of our organization.

When she was UCWLC *Nasha Doroha* National Coordinator (2007-2010) she was instrumental in getting backdated issues of the publication put online, as well as compiling the *Nasha Doroha* Handbook. She has agreed to serve in the capacity of National *Nasha Doroha* Coordinator for the upcoming term of 2019-2022, when the UCWLC National Executive is in Edmonton.

Rosemarie extends herself willingly in the role of volunteering in many events and community activities. She has volunteered for several years in the Ukrainian Food and Cultural Pavilions during the Heritage Days Festival. She has also volunteered in various



capacities for other Ukrainian organizations, as well as non-Ukrainian ones.

She is an active member of St. Vladimir Ukrainian Catholic Parish and her Branch, taking part in many events and activities, sharing her talents willingly as needed. For over 20 years, as Branch Secretary, she has written many articles about Branch and Parish activities, which have been printed in *Nasha Doroha*.

On many occasions when planning and discussing projects and events, Rosemarie has demonstrated effective and efficient organizational skills. She fulfills commitments and brings creativity to solve situations and problems. Rosemarie is positive and respectful of her colleagues and other members in leadership, and she enthusiastically shares ideas and enjoys open discussion. She is a valuable member of our organization.

Rosemarie is passionate about her Ukrainian heritage, Catholic faith, culture, and her family. She is compassionate and caring, giving her personal time and support generously. All her life she has striven to fulfill her mother's emphatic advice: "Don't forget who you are! Не забувай хто ти є!"

Submitted by Helen Sirman

♦ "If not I, then who; if not now, then when?" This is the adage by which **BARBARA OLYNYK** lives her life and shares the talents with which she has been blessed.

As a member of St. Nicholas Ukrainian Catholic Parish for 45 years and a member of the St. Nicholas UCWLC Branch for 44 years, Barbara personifies the exceptional volunteer. In early years, she contributed to the parish by teaching Catechism and First Holy Communion classes, as well as prepared children for St. Nicholas Day (Святого Миколая) performances. As a member of Parish Council, serving as Secretary, she initiated ideas that would make the parish more inclusive and welcoming. One idea involved the formation of teams by which all parishioners would have the opportunity to plan, prepare, and put on an event for the parish (e.g., Sviachenne, parish picnic, Family Fun Night, Praznyk). Barbara has been team leader for 15 years. She spearheaded another idea: Sunday Greeters. Greeters welcome parishioners and guests to the parish, extending the invitations for fellowship following



the Divine Liturgy. Members from each team prepare coffee and bring snacks. Barb also organized the first ice cross for the Feast of Jordan. She helps set up the tomb for Good Friday service and she decorates the church for Pentecost.

As a UCWLC member, Barb has held many Executive positions such as treasurer, secretary, vice-president, and president for several terms. She has convened Bishop's Teas, Fall Teas, pyrohy bees, paska bees, assisted with children's workshops, and is a funeral lunch committee convener. In addition to being a current Executive member, she is a member of the Outreach Committee that visits the ill, mourning, or lonely.

At the Eparchial UCWLC level, Barb currently is one of the vice-presidents, a representative on the National Scholarship Committee, a member of the "Future of the UCWLC Museum" committee, and a member of the Cookbook committee. In the last position she has played a part in almost every aspect of the process. She has edited, worked with the publisher, helped organize the book launch, and is involved in its distribution. Previously, she was member of the Cultural committee for two years, as well as a member of Lena Sloboda's book launch committee. She also set up branch partners to bring together rural and city branches.

At the National UCWLC level, Barb was chair of the Scholarship Committee from 2007 to 2010 and is presently vice-president of the National Executive that is in Edmonton for the next three years.

Barb believes that if we want our many Ukrainian events to continue and thrive, we must show our support by attending as many of them as possible—and that she does.

Through the many positions that Barb has held, and all things that she has done, she has been (and continues to be) an exceptional volunteer. When no one is willing to step up to the plate, Barb is there to do it. She does her best to live her life with purpose.

Submitted by Joyce Chrunik-Rudiak

If you could erase all the mistakes
of your past, you would be erasing
all the wisdom of your present.

Saints Peter & Paul UCWLC Member Receives UCC-SB 2019 Community Member Recognition Award

On December 16, 2019, Kevin Kardynal, President of the Ukrainian Canadian Congress – Saskatoon Branch (UCC-SB), presented the Community Member Recognition Award to **JULIA SAGANSKI**, a member of Saints Peter and Paul Ukrainian Catholic Women's League of Canada (UCWLC), Saskatoon, SK.

Julia's biography, submitted by the UCWLC, recognized the Ukrainian secular cultural work she volunteered in. This volunteering and service to community began during her years of employment as a nurse and young mother. She also supported and donated to many local, provincial, national, and international causes.

Julia was very appreciative of receiving the recognition award. She introduced family members who were present, and was gracious that the Saints Peter and Paul UCWLC nominated her. She has been an active member of the UCWLC for 67 years.

A wine and cheese social and celebration followed, hosted by the UCC-SB Recognitions Committee. Approximately 50 people attended.



Kevin Kardynal and Julia Saganski

Submitted by Helen Adamko, ND Representative,
Saints Peter & Paul UCWLC, Saskatoon



ЛІГА УКРАЇНСЬКИХ КАТОЛИЦЬКИХ ЖІНОК КАНАДИ
Крайова Управа

UKRAINIAN CATHOLIC WOMEN'S LEAGUE OF CANADA
National Executive

The Vera Buczynsky Ukrainian Studies Scholarship

The National UCWLC is offering one scholarship of \$1,000 to a person of Ukrainian Catholic descent who is planning to enroll in Ukrainian Studies at the post-secondary level. Criteria and applications are available online at www.ucwlc.ca. Applications should be submitted electronically to

**The Vera Buczynsky Ukrainian
Studies Scholarship Committee**

Barbara Olynyk, Chair at
ucwlcnationalscholarships@gmail.com

The Mary Dyma Religious Studies Scholarship

The National UCWLC is offering one scholarship of \$1,000 to a lay woman of Ukrainian Catholic descent who is planning to enroll in Religious Studies at the graduate level. Criteria and applications are available online at www.ucwlc.ca. Applications should be submitted electronically to

**The Mary Dyma Religious Studies
Scholarship Committee**

Barbara Olynyk, Chair at
ucwlcnationalscholarships@gmail.com

Deadline for receipt of complete applications is September 30

To Serve, to Witness, and to Communicate: A Road Map for the Future Edmonton's Charitable Evening to Benefit the Ukrainian Catholic University

A charitable banquet in support of the Ukrainian Catholic University (UCU) was held on November 8, 2019, at the Verkhovyna parish hall at Edmonton's historic St. Josaphat Cathedral. This event was initiated by Cathedral Pastor Father Peter Babej in cooperation with the Ukrainian Catholic Educational Foundation (UCEF). The goal of the evening was to inform Edmonton's Ukrainian community about the exemplary work achieved by the Ukrainian Catholic University.

Despite having a long, storied history and an outstanding reputation in educational circles, the UCU

and the UCEF are not particularly well known in Edmonton. This banquet endeavoured to improve knowledge of the UCU by offering an opportunity to learn about it. Guests heard directly from the rector and the development officer, as well as a student and a volunteer who spoke passionately about their experiences and commitment to the UCU.

Guests were warmly welcomed by Teodozia Babej, who introduced the MC for the evening, Yaroslav Broda. In his remarks, Yaroslav thanked St. Josaphat Cathedral for supporting the UCU and introduced special guests. These included Bishop David Motiuk, Eparch

of Edmonton; Very Rev. Stephen Wojcichowsky, Vicar General and Dobrodiyka Wojcichowsky; Rev. Dr. Bohdan Prach, Rector of the UCU; Dr. Olha Zarichynska, development officer at the UCU; and the keynote speaker for the evening, Ivanka Diman, a UCU student.

After dinner, Yaroslav Broda shared that the Ukrainian Catholic Educational Foundation was established in 1997 with the goal of highlighting the successes and challenges that Catholic education faces in Ukraine. The UCEF works closely with the UCU and supports the growth of the UCU's future financial base. The UCEF

Scholarship News

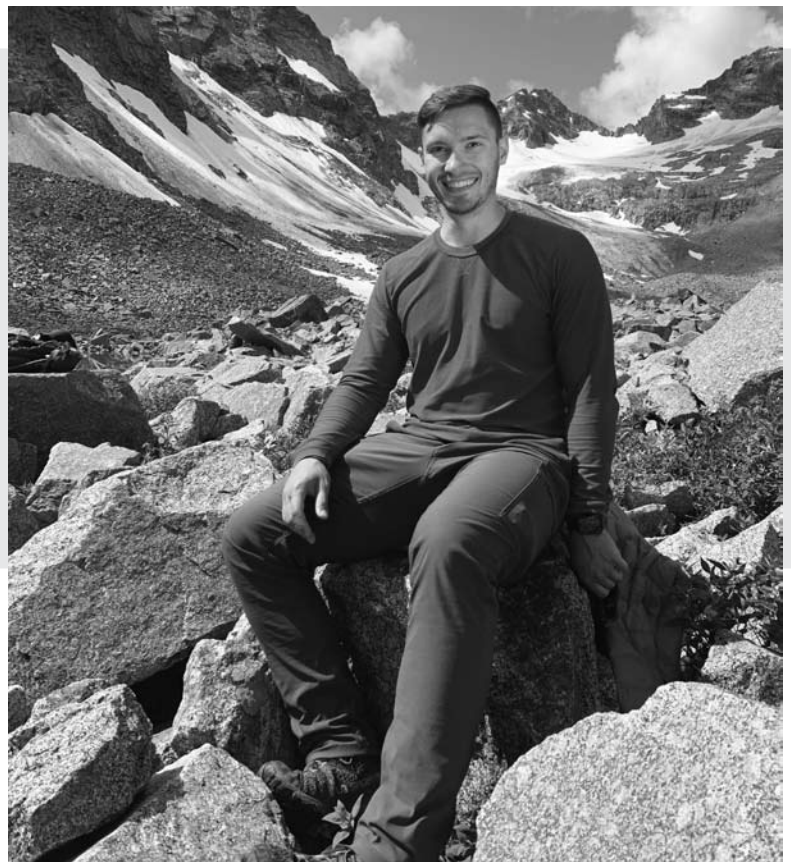
Tomas Hucul Recipient of the 2019 Vera Buczynsky Ukrainian Studies Scholarship

I would like to sincerely thank you for awarding me with the Vera Buczynsky Scholarship; I am grateful and extremely honoured. Please find attached a recent picture of myself from a mountaineering course I attended through the University of Alberta. Thank you.

— Tomas Hucul

*A Christian is:
a mind through which Christ thinks,
a heart through which Christ loves,
a voice through which Christ speaks,
and a hand through which Christ helps.*

— St. Augustine





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Rev. Dr. Bohdan Prach, Rector of UCU and Yaroslav Broda, MC

designates funds for scholarships, teaching materials, and books. It also supports student-organized volunteer projects and actively encourages educational exchanges abroad for students or academic staff. The UCEF strives to nurture cooperation and communication between the UCU and the diaspora, as well as with our Roman Catholic counterparts.

The MC noted that the UCU is the only Catholic university in the former Soviet Union. It is the place where the future leaders of a new and democratic Ukrainian state can be educated. The UCU as we know it today was established in 2002, but its history and roots reach into the distant past. The late Metropolitan Andrey Sheptytsky envisioned a future when Ukraine would need an institution of higher learning where national leaders could be educated on the basis of moral and ethical Christian values. At today's UCU, students can earn degrees in a variety of disciplines, including business, computer science, history, sociology,

and theology. The UCU currently has an active enrollment of about 2,000 full- and part-time students.

Yaroslav Broda explained that the mission of the UCU is to be an open academic community that lives Eastern Christian traditions—a place where Ukraine's future leaders are able to learn how to serve with excellence in Ukraine, and beyond its borders, for the glory of God and for the general good and dignity of others. He noted that, "Events like tonight's banquet are important because they demonstrate in a very real sense that we are truly part of a larger community, along with our brethren in the U.S., Italy, Germany, Great Britain, and in all of Canada, that support the UCU."

Ukraine today is full of hope, but it is also vulnerable. The citizens of Ukraine are holding on to a delicate democracy facing new challenges daily. Ukrainians have to defend their hard won independence. It is significant that in the most recent elections in Ukraine, seven graduates of the UCU were elected to the

Ukrainian Verkhovna Rada. This is a testament to the quality of the students from the UCU and their commitment to building a strong Ukraine.

Every institution has its history and during this event, the late Metropolitan Andrey Sheptytsky was celebrated for his vision. Metropolitan Sheptytsky laid the foundations of the UCU back in 1929 with the establishment of the Ukrainian Spiritual Seminary in Lviv. It has been 75 years since his passing into eternal life as of one of our church's great leaders, but his vision for the future of our church has come to fruition in the form of a modern university. One of the newest buildings on the UCU campus is a modern library/academic centre that bears the name of Metropolitan Andrey.

The first presenter of the evening was Dr. Olha Zarichynska who heads the development department at the UCU. This energetic speaker holds a Ph.D. in political economy. Since starting work for the UCU almost two decades ago, Dr. Zarichynska has been involved in raising over 67 million dollars from both domestic and foreign donors. She stressed the importance of Metropolitan Sheptytsky in creating the foundation of an academic institution that would train future leaders. His successor, our late Patriarch, Josyp Slipyj, continued Metropolitan Andrey's important work despite having been imprisoned in Siberia for 18 years. After his release from the gulag, Patriarch Josyp travelled to Rome, Italy, where he re-established the UCU there. Shortly afterward, branches of the UCU were established in Montreal, Toronto, and London, England. The UCU returned to Ukraine in 1994 and began its programming in modest quarters—an

abandoned, Soviet-era kindergarten building.

Step by step, the UCU grew. Today it boasts a large campus with modern facilities that support the growth and development of the whole student. A great deal of learning occurs beyond the formal classroom where students are part of a community. There is space to study, to relax, and to grow. The Sheptytsky Centre reflects the vision of Metropolitan Andrey because it serves the entire community and not simply students. There are public meeting places with activities held almost daily. The number of visitors increases yearly. For example, in 2017 the Sheptytsky Centre was awarded the "Face of the City" award for its exceptional architecture. The building symbolizes the best characteristics of the UCU; it is reliable, transparent and hospitable, where students of all faiths can learn, and where inter-faith dialogues flourish. In 2018, the Lviv Security Forum held its meeting at the Sheptytsky Centre.



Dr. Olha Zarichynska,
Development Officer UCU

Currently, the UCU is home to students from all regions and oblasts in Ukraine, and they are admitted on the basis of independent testing and their academic achievement.

The UCU has set important goals for its next ten years. These include: to cultivate and advance knowledge about Metropolitan Andrey beyond the Ukrainian

community; to nurture the whole person, not just a student; to foster the power of volunteerism; and, to support service to the Ukrainian Greek-Catholic Church.

To conclude her lively remarks, Dr. Zarichynska noted the UCU is a small university that has managed to touch most corners of Ukrainian society. She encouraged everyone present to become an ambassador of the UCU and spread the word about its important work.

In his brief, but heartfelt presentation, Rev. Dr. Bohdan Prach, Rector of the UCU, expressed gratitude to Bishop David and Rev. Peter Babej for facilitating this first encounter with the UCU in Edmonton. Rev. Dr. Prach, a native of Lemkivshchyna, earned a doctorate in history at the Marie Curie-Sklodowska University in Lublin. He is the author of *The Clergy of the Peremyshele Eparchy and the Apostolic Administration of Lemkivshchyna*, as well as a number of other academic articles. He stated, "The UCU is rapidly developing and changes are happening before

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our eyes.” It is a platform for students from different countries to meet, exchange ideas, and develop their worldview. It is a place where “they can contemplate how to love the world again. It is important to understand that we are responsible for the world.”

Deborah Johnson from Calgary enthusiastically shared her own volunteer experiences at the UCU. Calgary’s Ukrainian community has raised over \$400,000 in the last 11 years to support capital projects on the UCU campus. The Calgary community is especially proud of the relationship they have facilitated between St. Mary’s University and the UCU. Currently the two institutions offer exchange programs where St. Mary’s nursing students can travel to Lviv to do a practicum in nursing and UCU students come to St. Mary’s and study in a variety of faculties. Deborah was most passionate about volunteer opportunities for Canadians to travel to Ukraine and teach English during the summer. She has volunteered a few times and found that teaching eager students and sharing Canadian values and culture is incredibly fulfilling.

The most powerful words were shared by the keynote speaker, UCU student Ivanka Diman. She stated that from her first contact with the UCU she knew she wanted to be part of something bigger than herself. She found the UCU community to be open, respectful, and trustworthy, with a sense of freedom. Her experience at the UCU supports her first impressions of the school. Ivanka participated in one of the exchanges with St. Mary’s University. While at St. Mary’s she met some incredible people and understood that she, too, can participate in the nation building of her homeland. It was at this time that



Miss Ivanka Diman,
Keynote speaker and UCU student

protests on the Maidan were beginning and she watched the events unfold along with her Canadian-Ukrainian friends. She came to the realization that it is important to remember who you are and to show it to the world. The most important lesson Ivanka brought back home is what she learned from the Maidan, namely that we must take responsibility for our lives, and our collective experiences are the instruments with which to build a strong independent society. Ivanka’s commitment has found expression in the program *Building Ukraine Together* (*Buduyemo Ukrainu Razom BUR*).

BUR is a group of volunteers who build communities on the most fundamental basis. Wherever homes have been destroyed by war in Eastern Ukraine, or wherever there are needy families with many children—or simply where there is a need—volunteers, along with residents, rebuild homes. In this manner, they rebuild hope for the families and the community. They use these opportunities to share historical truths about Ukraine, destroy negative stereotypes, open up communication, and, most

importantly, they build trust. In this way, they nurture a social conscience. The volunteers are inspired by three basic philosophies they learned at the UCU: to serve, to witness, and to communicate.

Since its creation about five years ago, BUR has over 2,700 volunteers that worked in most oblasts in Ukraine and have rebuilt 211 homes. Over 78% of the volunteers are young people with little experience. This is a very small number for such a large nation, but these brave and committed volunteers are spreading the culture of volunteerism. Ivanka truly believes in the rebirth of the Ukrainian nation and she wants to be part of it. She is sure that working together toward a common goal improves a person’s self-confidence and builds trust among people. She stressed that she and her fellow volunteers are not *waiting* for change to happen, but are working to make the changes required. She credits her proactive attitude to the UCU. Quoting Mahatma Ghandi, she reminded listeners, “Be the change you want to see in the world.”

The powerful words expressed by this young student were impressive and filled everyone with hope that the future of Ukrainian society, our church, and the nation is in the hands of selfless, smart, and forward-thinking young people. Our obligation is to support these young people both morally and materially.

On behalf of the evening’s hosts, Yaroslav Broda thanked everyone for attending and asked Rev. Dr. Prach to lead the closing prayer. It is noteworthy that guests lingered for quite a while to socialize and chat with the speakers.

Lidia M. Wasylyn
Vice Chair St. Josaphat Cathedral
Parish Council

Прийдіть, браття, попрощаймося з померлою, і подякуємо Богові, вона бо відійшла від рідні своєї і до гробу спішить. Вже не журиться про суєту світу і про многострасне тіло.

Come, Brothers and Sisters, let us bid a last farewell to her who has passed away, and also let us thank God. She is leaving her relatives and is hastening to the grave. No longer is she concerned about the vanity of the world and her human passions. Where are her relatives and friends? Behold we are parting now. Let us pray to the Lord for her repose.

✠ Jean Germain

February 22, 1926–July 8, 2019



The UCWLC of the Tolstoi Branch (southeastern Manitoba) announces the passing of their long-time member, Jean Germain, on July 8, 2019, at the age of 93. Jean was born on February 22, 1926 to Ivan and Antonia Stepaniuk of Vermilion, AB (who later moved to Caslan, AB). She met her husband-to-be, Bill Germain, in Vancouver. They married October 8, 1944 and made their home on the family farm in Tolstoi, MB, where they raised five sons and one daughter. They celebrated 59 years of marriage before Bill's passing. Jean lived on the farm till age 90 and then spent her last three years in St. Pierre, MB. Jean loved being around people and had a great sense of humour, her most memorable trait in her later years.

Jean loved travelling, spending time with her family, and she especially adored her five grandchildren and five great-grandchildren. Jean was a health-care aide for 20 years and was a member of the

Women's Institute of Southeastern District.

Jean was one of the founders, and a dedicated member, of the UCWLC for 55 years, holding many positions. She was very active and determined to keep the league going. An honour guard of UCWLC members showed their respect and love for Jean at her funeral service.

Submitted by Lois Kowaliuk

✠ Vera Mydan

May 15, 1927–June 19, 2019



Vera Mydan of Canora, SK passed away on June 19, 2019 at the age of 92. Vera was born in Norquay, SK to John and Ann (Cherewyk) Huska on May 15, 1927. She was the eldest of 11 children. At the age of 17, she married Onufry and lived on the farm. In 1959 they moved to Norquay where they built a service station and restaurant, but they continued farming and raising cattle. In 1967, they sold the business and moved to the outskirts of

Norquay. However, they continued farming until their retirement, and then moved to Canora.

Vera was active in the UCWLC in Canora. She served on various committees and helped at the hall whenever needed. She often helped with pyrohy-making bees and worked at many functions in the hall.

After Onufry's passing in 2001, Vera continued to live in Canora until the age of 89 when she moved to Selo Gardens in Regina. While at Selo Gardens, bingo and cards were her favourite pastime and she often stayed behind to help tidy up.

Vera and Onufry's family consisted of two surviving children (they were predeceased by two—one in infancy), four grandchildren and seven great-grandchildren.

She will be dearly missed by all who knew and loved her.

Vichnaya Pamyat! Memory Eternal!

Submitted by Audrey Hrycak,
UCWLC Canora Branch

→



Let us remember those who have departed in our prayers.

Send announcements and tributes to *Nasha Doroha*.

✠ **Mary Storozuk**
d. September 28, 2019



Mary Storozuk passed away on September 28, 2019 at the age of 99. She was born in Wynyard, SK of Ukrainian and Polish descent. Mary was a devout member of St. Basil's Church in Regina and her Ukrainian culture. She was a member of UCWLC, St. Basil's Branch and Ukrainian National Federation. Her greatest joys were when she was asked to join the ladies to make perogies or cabbage rolls for these organizations for their various events. She was a homemaker and worked at SaskPower and Medical Arts prior to her retirement. Mary loved to have friends and family over to play cards and socialize. She was an avid supporter of Telemiracle and the Kinsmen Club.

Predeceased by her husband Nicholas in 1994, and her daughter Elsie in 1993, she is survived by son Ray (Carolle) and daughter Irene (James), five grandchildren, three great-grandchildren and numerous nieces and nephews.

Submitted by Olga Kiryluk

✠ **Father Yuriy Josaphat Lazurko**

March 9, 1947–October 9, 2019



Reverend Yuriy Lazurko of Moose Jaw, SK passed away peacefully on October 9, 2019. Father Yuriy was born on March 9, 1947 in Balingen, Germany to parents Klym and Iryna (Danylak) Lazurko. The family emigrated to Canada in 1948 settling in Canora, SK. Following completion of high school, Father Yuriy attended the University of Saskatchewan, graduating with a Bachelor of Arts and a Diploma in Education. He taught school in Buchanan, SK for one year, and at St. Joseph's College in Yorkton for four.

He left teaching for one year to complete his Bachelor of Education in 1975. That year he married Dorothy Bomok in Saskatoon. They moved to Moose Jaw where he spent the next 29 years teaching physics and chemistry at the Saskatchewan Technical Institute (STI), later known as SIAST. Life became busy raising a family and being involved in church, school, and his community. In 1990, he was ordained a Deacon in the Ukrainian Catholic Church.

In 2004, upon retirement from teaching, Father Yuriy entered Holy Spirit Ukrainian Catholic Seminary in Ottawa, attending St. Paul's University. In 2005, he was ordained to the priesthood by Bishop Michael Wiwchar, CSSR. He was honoured to serve the parishes of Moose Jaw and district (Chaplin, Glentworth, Hodgeville and Swift Current) for 12 years, retiring in 2017 due to failing health.

Father Yuriy was a musician and a vocalist as well. He played the violin, and directed church and community Ukrainian choirs. His passion was Ukrainian liturgical music. He also enjoyed playing bridge, refereeing basketball, and fishing, especially trips to Northern Saskatchewan "for the big catch."

Father Yuriy was the Spiritual Advisor for the Moose Jaw UCWLC Branch for many years. During the years 2010-2013, our branch was honoured to have Fr. Yuriy chosen as the Spiritual Advisor for the National UCWLC Executive. His guidance and presence was exceptional.

Funeral Prayers were held on October 17, 2019 at the Ukrainian Catholic Church of Assumption of the Blessed Virgin Mary, Moose Jaw. The Funeral Liturgy was held on October 18, 2019 at the Church of Our Lady, Moose Jaw.

Submitted by Gloria L. Leniuk, HLM



Згадаймо тих, що відійшли у
Вічність, у наших молитвах.

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посмертні згадки про ваших
рідних, друзів, знайомих.

"To each who receives the [Holy] Spirit, it is as if he alone received Him; yet the grace of the Spirit poured out is quite sufficient for the whole of mankind."

— St. Basil the Great

“But, you say, you cannot keep silent when you are pricked by distress. I certainly do not forbid you to make a sound, but give thanks instead of blasphemy, worship instead of despair. Confess to the Lord, cry out loudly in prayer, cry out loudly glorifying God. In this way your suffering will be lightened, because the devil will pull back from your thanksgiving and God’s help will be at your side.



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If you blaspheme, you have driven away God’s assistance, made the devil more vehement against you, and involved yourself even more in suffering; but if you give thanks, you have driven away the plots of the evil demon, and you have drawn the care of God your protector to yourself.”

St. John Chrysostom, “Third Sermon on Lazarus and the Rich Man,”
On Wealth and Poverty, trans. by Catharine P. Roth
(Crestwood, NY: St. Vladimir’s Seminary Press, 1984), 70.

